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THEIR SIGNATURE SOUND LIVES ON, BUT WITH AGE COMES A NEW KIND OF ANGUISH FOR NO DOUBT PAGE 18

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Belieber from the start

Life before Justin a tough road for mama

Pattie Mallette was 18, living in a home for pregnant girls after years of unrelenting sexual abuse and depression, when she gave birth to a boy she thought she'd name Jesse, a boy whose first cry sounded like a song.

Well, the baby seemed more like a Justin after he popped out. And his last name isn't Mallette.

It's Bieber.

It seems almost everyone in Canada knows the story of Justin Bieber's YouTube-to-riches story, his loyal fan base of Beliebers, 28 million Twitter followers and the hordes of screaming girls who pack his tours.

Now, you can get to know his mom, who has published an autobiography called Nowhere but Up: The Story of Justin Bieber's Mom. In it, Mallette shares intimate details about her troubled past, as well as her relationship with her son — like the promise she made to Justin when they first moved to the U.S. that she wouldn't date until he was 18. Finally, she is ready to let go of that promise.

THE CANADIAN PRESS/METRO

FULL STORY ON PAGE 8

MEET BIEBS' MOM

Pattie Mallette, mother of Canadian superstar Justin Bieber, poses for a photograph in Toronto on Monday. Mallette was in town promoting her new autobiography. NATHAN DENETTE/THE CANADIAN PRESS

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Sam the Record Man

Founder of legendary music store dies at 92

Sam Sniderman's influence on Canada's burgeoning music industry will be felt for generations, long after the man and his legendary Sam the Record Man music store have gone, his grieving relatives and supporters said Monday.

The charismatic businessman who built his career on championing Canadian performers died peacefully in his sleep on Sunday in Toronto, his family said. The 92-year-old held on to his trademark stubbornness and fierce independence — the very traits that helped propel his music empire — until the end, his son Jason said.

"Because his belief in Canadian music was so strong, he was tireless in how he pursued its success and I think that's his true legacy." THE CANADIAN PRESS

Sentencing

Judge jails three men in hot iron torture case

A judge has sentenced three men to terms ranging from eight to 10 years for kidnapping a Toronto man for ransom while torturing him with a hot iron.

At around 7:30 p.m. on April 13, 2010, Prince Ashley Lewers, Dane Dillon and Teri Broomfield abducted Nana Afrane Okesse near a west Toronto restaurant and drove him to a home in Hamilton, Justice Brian Trafford said in his ruling, released Monday. The operation was allegedly masterminded by Bodum Adesioye Bo, a car exporter. He has never been arrested and is believed to be in Nigeria. The kidnapping was apparently motivated by a dispute about a payment.
TORSTAR NEWS SERVICE

'Before I die I want to...'

The Before I Die wall — a chalkboard that lets people fill in the blank — has launched at Queen and Dufferin. Chris Carricondo, 27, working on the job site, wrote: "Live til I'm 87-years-old." Dozens of wishes from the touching to the compelling to the ridiculous, all written in chalk, are quickly filling up the wall. KATIE DAUBS/TORSTAR NEWS SERVICE

Mother of Stefanie Rengel fights TV show

'Teens Who Kill'.
Mother of murdered teen pleads with NBC to stop re-enactment as U.S. producer considers Toronto family's story

The mother of a murdered 14-year-old Toronto girl is pleading with NBC to spare her the pain of having to relive her daughter's 2008 murder.

Patricia Hung, mother of Stefanie Rengel, the teen stabbed to death in front of their East York family home, received a letter from a producer with NBC Universal about a segment for an E! Entertainment special called Teens Who Kill.

Hung is begging them to stop.

"My feelings are that it cheapens her life and all she suffered, for ratings and profit. The re-enactment of her death, should any of her siblings see it, now or in reruns, would be more than upsetting," she wrote in a post on her blog.

Officials at E! Entertainment confirmed they are working on a segment about Rengel's murder, but noted that the final lineup for the special is still in flux.

"We're smack in the middle of production — nothing's been edited, nothing's been put together yet," said the show's publicist, Kristen Osborne.

The air date for the show is Oct. 30, though Osborne stressed that the date is tentative.

"I implore each and every one of you to pass the word around so that NBC is unable to find anyone else willing to participate," Hung wrote, "leaving the network no choice but to cancel."
TORSTAR NEWS SERVICE

Life sentences

Stefanie Rengel was lured out of her house and killed on Jan. 1, 2008. Her killer, 17-year-old David Bagshaw, was goaded into the act by his 15-year-old girlfriend.

- Melissa Todorovic persuaded Bagshaw to kill Rengel through an eight-month campaign of text messages, phone calls and emails, even threatening to withhold sex until he committed the act. Both are serving life sentences.

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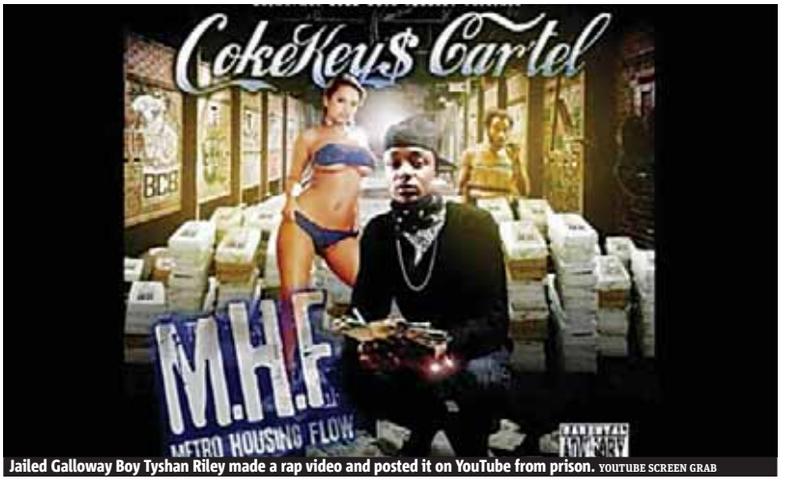


Jailed Galloway Boy Tyshan Riley made a rap video and posted it on YouTube from prison. YOUTUBE SCREEN GRAB

Associate feared for his life, lawyer says

Lawyer Scott Reid represented Marlon Wilson on the perjury charge that followed his about-face on the witness stand in 2009.

"Tyshan Riley had put a hit out on Marlon," Reid said in an interview. "Police actually played Marlon wiretaps where you could hear Mr. Riley and Mr. Atkins talking with other people. The clear implication was they were going to kill him, if not give him an extremely serious beating."

In one of the wiretaps preserved in court records, Riley tells an associate to "smash" Wilson, who apparently knew what that meant.

"This guy is a little f–ing rat.... I would f–ing break his face.... You have to smash him," Riley said.

Reid's defence was that Wilson lied under duress.

"Certainly to Marlon, he believed they were about to kill him, which is not surprising in the gang culture," he said. "In that culture, you don't rat, period. You certainly don't rat on your fellow gang members."

Justice Michael Code ultimately disagreed with the duress defence and found that even though the threat on his life was credible, Wilson was safe — in the federal penitentiary system where he was being held on an unrelated crime. Code wrote that credible death threats or plots to kill witnesses aren't enough to protect them from a perjury charge if they lie.

"Witnesses have always been subject to threats from gangsters and the justice system has always expected that protection will be provided to these witnesses," Code wrote in his decision.

Reid still doesn't think Wilson was safe, but acknowledges that police went to great lengths to try and protect him while he was in jail. When he was out they put him in the witness-protection program — until he was kicked out and sent back to jail for aggravated assault.

"Det. Dean Burks was the officer involved in co-ordinating Marlon's protection. And — you know Det. Burks might be frankly surprised to hear me say this about him — but he generally did a pretty good job," said Reid.

Quoted

"Certainly to Marlon, he believed they were about to kill him, which is not surprising in the gang culture. In that culture, you don't rat, period. You certainly don't rat on your fellow gang members." Lawyer Scott Reid

When Wilson was in the provincial system, Burks made sure he was kept in ranges where no Galloway-affiliated prisoners could get to him, and Wilson felt safe enough to testify at the preliminary hearing.

However, when he was sent to the Kingston Penitentiary under federal jurisdiction, he began to get threats. Reid said police have less say in the federal system, and Kingston pen is a notoriously unsafe place to be — even through corrections staff try to keep prisoners away from those who would do them harm.

"The evidence given by the parole officer who testified was that inmates had been assaulted on every range in Kingston Penitentiary, including the segregation ranges that Marlon found himself in," said Reid. "So it was our position that given that the risk was not just a minor beating, but a very serious beating or death, that any small possibility that they might get at him, regardless of what range he was on, justified his actions."

Wilson was eligible for full parole as of 2012, but, according to the parole board, no application has been made for his release.

Reid said he doesn't know what his client will do when he gets out. This experience has shown him that police will go to great lengths to ensure the safety of witnesses in high-profile trials, but he remains concerned that their power and resources are finite and so witnesses are still scared.

"(Witnesses are) the ones on the front lines, so to speak," Reid said. "It's not the police. The police come, the police go.... People in those communities live there. They have to see these gang members every day.... They can't just up and move.

"I'm really sympathetic to those people. I don't know what the answer is, but it's all well and good for the police to say people need to come forward, but if the people don't feel safe they're not going to."

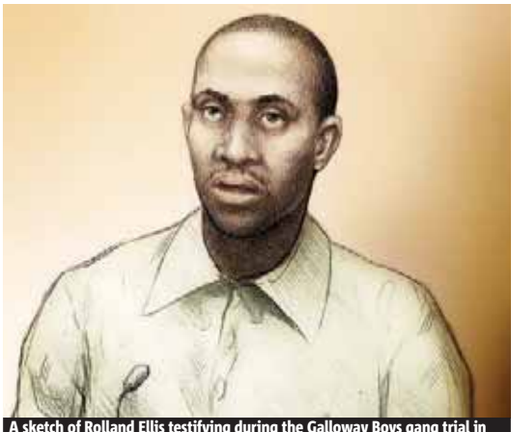
JESSICA SMITH/METRO

INTIMIDATION LOOMS

Rising Galloway Boys learning from past

Then and now. One witness backtracked on his testimony in 2009, and police today are still having trouble finding people to speak up

JESSICA SMITH
jessica.smith@metronews.ca



A sketch of Rolland Ellis testifying during the Galloway Boys gang trial in 2009. CONTRIBUTED

A court sketch of Marlon Wilson testifying during the Galloway Boys gang trial in 2009. CONTRIBUTED

Marlon Wilson, one of the Crown's key witnesses in the last high-profile Galloway Boys gang trial, warned the court before he testified: "I'm going to say that everything I said before was a lie."

He'd already made it clear that he didn't want to point a finger against the Galloway Boys because he didn't want to die in jail.

"What's goin' happen to me if I testify people and go back to the pen? Crazy. I'm not doin' that," he said on the stand in 2009. "I'm in the federal penitentiary, I want to make it outta there. And I have children on the street."

Wilson was a Galloway Boys associate with a long, violent rap sheet. The Crown's other star witness, Roland Ellis, was G-Way gang member.

Police had called for all witnesses to come forward, but seemed to have trouble finding people willing to speak up. The Crown ended up with Wilson and Ellis — who were motivated to take the stand because then-leader Tyshan Riley wanted them dead, according to police wiretaps.

Today, police say they're also having trouble finding witnesses who are willing to testify against the new generation of the Galloway Boys.

No one can say whether what happened back then will happen again, but there are striking similarities between the two generations of the gang.

In 2004, the older generation — specifically Riley, Phillip Atkins and Jason Wisdom — murdered an innocent man in a case of mistaken identity. They shot Brenton Charlton to death and seriously wounded his friend Leonard Bell at a stoplight on Finch Avenue, because they mistook them for members of a rival gang.

Quoted

"I'm not testifying. I'm not even putting my hand on that Bible. I'm not going to say my name."

Witness Marlon Wilson, May 2009

In 2011, two shooters gunned down an innocent man in what police call another case of mistaken identity. According to officers, new-generation G-Way Boys murdered D'Mitre Barnaby in a parking lot on Lawrence Avenue East because he looked strikingly like a man the gang wanted dead.

The old generation shot two innocent teens — Chris Hyatt and Kofi Patrong — for no apparent reason other than the boys were from Malvern.

Police say the new G-Way gang got in a shootout that killed two innocent people and wounded 23 others at the Danzig Street block party — because some guys at the gathering were from Malvern.

Members of the Riley generation of the Galloway Boys are "mentoring" the younger generation, which is currently pulling the triggers, police say, and both groups have guns and a willingness to use them that scares away witnesses.

Even after Wilson's about-face on the witness stand in 2009, the jury convicted Riley, Atkins and Wisdom of murder and attempted murder for gunning down Charlton and Bell.

"I'm not testifying. I'm not even putting my hand on that Bible," Wilson said, according to court records. "I'm not going to say my name. I'm not swearin' on no Bible. I'm not answering no questions.... I'll do my time, whatever more time I have to do.... So I'm not throwing away my life for this.... Yeah, the risks are high."

After Justice Michael Dambrot gave him some time to think it over, he agreed to testify, but said that everything he'd ever told police and his entire testimony at the preliminary hearing — which was key to the Crown's case against the three accused — was a lie.

Fortunately for the Crown, lawyers were then legally allowed to read his prior testimony to the jury, securing a conviction.

More to come

This is the second instalment of a three-part series.

- **Tomorrow:** The murder of a witness sparks a new police plan to keep witnesses safe.

Marcia Thomas, right, the mother of convicted murderer Jason Wisdom, comforts her unidentified sister outside court in July 2009. Wisdom, Tyshan Riley and Phillip Atkins were convicted of first-degree murder and attempted murder. ANDREW WALLACE/TORSTAR NEWS SERVICE

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Consular services

Embassy-sharing with Britain sparks criticism

The plan by Canada and Britain to consolidate consular services in some embassies sparked criticism Monday that the Harper government is turning back the clock on the country's relationship with its former colonial master.

By all appearances, the agreement to share some consular services in each others' embassies represented little change from the status quo. But the fanfare associated with the announcement raised questions about whether Canada was compromising its foreign policy interests abroad.

THE CANADIAN PRESS

Toxic methanol

Czech police arrest two in poisoning that killed 25

Police have arrested two people suspected in a wave of methanol poisoning that has killed at least 25 people in the Czech Republic in the past two weeks, officials said Monday.

State prosecutor Roman Kafka said the two are suspected of producing a "brutal blend" of toxic methanol with drinking alcohol. Authorities believe this blend has been responsible for all the deaths.

Kafka said the two were working at a plant that uses methanol as an ingredient to produce windshield washer fluid.

THE ASSOCIATED PRESS

$4.5 billion spent yearly

Housing homeless is cheaper than status quo: Study

A new study suggests it's far cheaper to give a homeless person a place to live than to provide a patchwork of emergency services.

The study by Stephen Gaetz, director of the Canadian Homelessness Research Network, found that governments are spending at least $4.5 billion a year dealing with homeless people, including the cost of health care, law enforcement, shelters and food banks.

That's because their use of the health system is high and unpredictable, and because they often have run-ins with the justice system.

THE CANADIAN PRESS

Health officials monitoring fatal SARS-like virus

Familiar scene? So far there is no connection between the cases except for a history of travel in Saudi Arabia

Global health officials are closely following a new respiratory virus related to SARS that is believed to have killed at least one person in Saudi Arabia and left another person in critical condition in Britain.

The germ is a coronavirus, from a family of viruses that cause the common cold as well as SARS, the severe acute respiratory syndrome that killed some 800 people, mostly in Asia, in a 2003 epidemic.

In the latest case, British officials alerted the World Health Organization on Saturday of the new virus in a man who transferred from Qatar to be treated in London. He had recently travelled to Saudi Arabia and is now being treated in an intensive care unit after suffering kidney failure.

Health officials don't know yet whether the virus could spread as rapidly as SARS did or if it might kill as many people.

"It's still (in the) very early days," said Gregory Hartl, a WHO spokesman. "At the moment, we have two sporadic cases and there are still a lot of holes to be filled in."

Hartl said it was unclear how the virus spreads. Coronaviruses are typically spread in the air but Hartl said scientists were considering the possibility that the patients were infected directly by animals. He said there was no evidence yet of any human-to-human transmission. THE ASSOCIATED PRESS

Hajj pilgrimage

Saudi officials said they were concerned the upcoming hajj pilgrimage next month, which brings millions of people to Saudi Arabia from all over the world, could provide more opportunities for the virus to spread.

- They advised pilgrims to keep their hands clean and wear masks in crowded places.
- The hajj has previously sparked outbreaks of diseases including the flu, meningitis and polio.

A man wears a protective mask as he carries a bouquet of flowers at Women's College Hospital in Toronto in March 2003. Global health officials are following a new respiratory virus related to SARS that is believed to have killed at least one person in Saudi Arabia and left another person in critical condition in Britain. THE CANADIAN PRESS FILE

Coronavirus

New disease linked to SARS family

There are a large number of coronaviruses. Some infect animals, others infect birds and still others infect people. In humans, coronaviruses typically cause colds.

But a coronavirus was also the cause of the 2003 outbreak of severe acute respiratory syndrome or SARS which killed 44 people in Toronto and about 775 people worldwide. The new coronavirus reportedly causes severe pneumonia and kidney failure.

To date there is no sign of spread to health-care workers. That is important because health-care workers often serve as inadvertent sentinels of the spread of infectious diseases. During SARS, for instance, health-care workers were disproportionately affected, catching the new virus from patients they were struggling to save.

THE CANADIAN PRESS

Family of missing climber clings to hope

A helicopter lifts off with survivors from the debris field of an avalanche on Mount Manaslu in Nepal on Sunday. Rescue helicopters flew over the peak again Monday to search for climbers lost in the avalanche, which killed at least nine mountaineers. ALPINE ASCENTS INTERNATIONAL/THE ASSOCIATED PRESS

The sister of a Canadian cardiologist missing since an avalanche smashed into his climbing expedition on a Himalayan peak says she has no choice but to cling to the faint hope he will be found alive.

Quebec heart specialist Dominique Ouimet, 48, is among several people still missing on Mount Manaslu, the world's eighth-tallest peak.

Officials say at least nine people are dead after the avalanche roared through their camp around 4 a.m. Sunday, while more than two dozen climbers were still sleeping in their tents.

Rescue teams scoured the area Monday for six missing climbers.

The doctor's sister, Isabelle Ouimet, told Radio-Canada in an interview that she had not given up on the possibility that her brother is still alive.

On Monday, four rescue helicopters scanned the slopes peak in search of the missing.

By midday, rescuers had brought down eight bodies and were trying to retrieve the ninth from the 7,000-metre area where the avalanche struck, police Chief Basanta Bahadur Kuwar said. THE ASSOCIATED PRESS

'Hooey.' Clement denies using ghostwriter for online town hall tweets

Treasury Board President Tony Clement is dismissing as "hooey" a report suggesting he was not the author of his own tweets during an online town hall last year.

The Canadian Press, citing documents obtained under the Access to Information Act, reported this week that Clement's staff did much of the tweet composition.

The documents said Clement had employed a "ghostwriter" to create tweets and that some were written before the town hall last December as stock answers.

"The ghostwriter worked with subject matter experts to identify responses to questions and then worked with Clement to determine how to tweet in his voice," the documents said.

But the minister took to Twitter on Monday to deny the report. "That's a bunch of hooey," Clement wrote. "Docs are wrong. I directed the responses." THE CANADIAN PRESS

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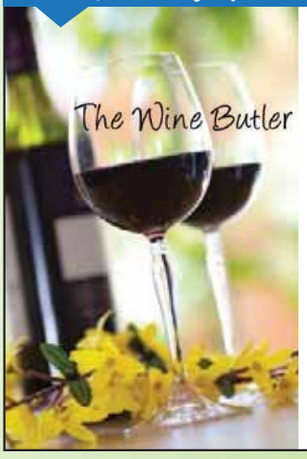

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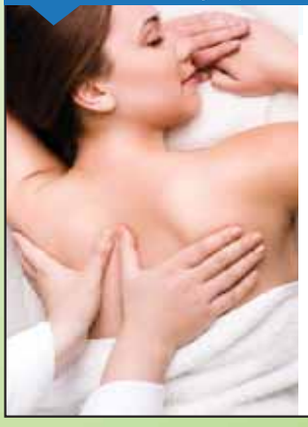

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Pattie Mallette, mother of Canadian singer-songwriter Justin Bieber, has written a memoir titled Nowhere But Up, which was released on Sept. 18. VICTORIA WILL/INVISION/THE ASSOCIATED PRESS

A long, hard road for Bieber's mother

Memoir. Pop star's mom lays bare her unfortunate, painful past in new book

You'd have to be firmly under a rock not to know at least a little bit about Justin Bieber's YouTube-to-riches story, his loyal fan base of Beliebers or the hordes of screaming girls who pack his tours. Now, meet his devoted mom, Pattie Mallette.

Mallette, 37, opens up about her struggles in a new book, Nowhere But Up, written in collaboration with A.J. Gregory. A portion of the proceeds have been promised to shelters like the one that harboured Mallette in London, Ont., when her mother kicked her out of the house after she got pregnant.

"Writing the book was part of my healing process," Mallette said.

She was two when her alcoholic father left, and about three when she was first sexually abused by someone she knew. "I was sexually violated so many times that as the years went by it began to feel normal," Mallette writes.

He never said never

- Success snowballed when Justin Bieber was 12 on the strength of YouTube videos his mother posted for faraway relatives. They were quickly discovered by young people and exploded with millions of views. Along came Scooter Braun, a persistent manager who launched Justin's career at barely 13, fresh out of junior high.

At 14, she started drinking and doing drugs. She left home two years later, turning to petty crime to pay for her habits. The toxic four-year relationship she had with Justin's father, Jeremy Bieber, began when she was 15. At 17, she threw herself in front of a truck and landed in a mental ward.

It was there she found Christianity, though her faith faltered and she became pregnant with Justin. After the birth of her son, she gradually earned her high-school diploma, followed by college training in website design.

The rest of the story is well known. Justin Bieber is 18 and a superstar now, and Mallette says he's pushing for his independence, moving alone into a house he bought in Calabasas, Calif. Mom wasn't invited to join him but lives nearby. "He doesn't want me in his space so much but he's doing really well for himself," she said.

He also has a girlfriend, singer Selena Gomez, whom Mallette adores. "She's just a sweetheart. She's kind and generous and loving."

At 21, Mallette vowed to abstain from sex outside of marriage. Still unmarried and holding strong, she is ready to let go of a promise she made to Justin when they first moved to the U.S. that she wouldn't date until he was 18. "It's time to start dating," she smiled.

Will Justin have a say over suitors? "I think he's going to be a tough one to please," she said. "He's pretty protective, but yeah, definitely, he would have to approve."

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Quebec inquiry hears of inner workings of Mob

'Donnie Brasco' testifies. Underlings have to carry out orders without question — even to kill, ex-FBI agent says

A television monitor shows former FBI agent Joseph Pistone, a.k.a. Donnie Brasco, testifying Monday in Montreal behind a screen at the Charbonneau inquiry looking into corruption in the Quebec construction industry. Pistone infiltrated the Bonnano family and was the subject of the movie Donnie Brasco. RYAN REMIORZ/THE CANADIAN PRESS

The man who infiltrated the New York Mafia and inspired the movie Donnie Brasco is describing how he saw the underworld take over the construction businesses using methods that would be familiar to Quebecers today.

Joseph Pistone, a legendary FBI agent who spent six years undercover as a Mafia associate, told the Charbonneau Commission about the inner workings of the Mob in the United States during his testimony on Monday.

He described its control over labour unions and businesses that owned raw construction materials.

Pistone, now 73, discussed the ways of the underworld, including its moral codes and its list of offences that would get people killed. But what he has not done, so far, is delve into the workings of the Canadian Mafia. THE CANADIAN PRESS

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'Science Guy' vs. the creationists

Debate. Iconic host of children's scientific program criticizes push away from teaching evolution in U.S. schools

Bill Nye THE ASSOCIATED PRESS FILE

The man known to a generation of Americans as "The Science Guy" is condemning efforts by some Christian groups to cast doubts on evolution and lawmakers who want to bring the Bible into science classrooms.

Bill Nye, a mechanical engineer and star of the popular 1990s TV show Bill Nye the Science Guy, has waded into the evolution debate with an online video that urges parents not to pass their religious-based doubts about evolution on to their children.

Nye has spent a career teaching science to children and teens with good-natured and sometimes silly humour, but has not been known to delve into topics as divisive as evolution.

Christians who view the stories of the Old Testament as historical fact have come to be known as creationists, and many argue that the world was created by God just a few thousand years ago.

"The Earth is not 6,000 or 10,000 years old," Nye said in an interview with The Associated Press, citing scientists' estimates that it is about 4.5 billion years old. "It's not. And if that conflicts with your beliefs, I strongly feel you should question your beliefs."

Millions of Americans do hold those beliefs, according to a June Gallup poll that found 46 per cent of Americans believe God created humans in their present form about 10,000 years ago.

Nye, 56, also decried efforts in recent years by lawmakers and school boards in some U.S. states to present Bible stories as an alternative to evolution in public schools. Tennessee passed a law earlier this year that protects teachers who let students criticize evolution and other scientific theories. That echoes a Louisiana law passed in 2008 that allows teachers to introduce supplemental teaching materials in science classes.

"If we raise a generation of students who don't believe in the process of science, who think everything that we've come to know about nature and the universe can be dismissed by a few sentences translated into English from some ancient text, you're not going to continue to innovate," Nye said in an interview. THE ASSOCIATED PRESS

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There may have been some improvement in yearly premiums for drivers with some driving experience. Don't forget to also ask about further discounts. These may include: installing a security system, driving an eco-friendly car, or installing safety features such as winter tires. If recently married, combine policies with your spouse and take advantage of bulk discounting by having more than one car insured with the company.

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An experienced driver with a good driving record may be eligible for better insurance rates; the key is to find the insurance company that will offer the lowest rate. Shopping around for car insurance is the easiest way to find a better way. Other ways to save include changing your deductible – perhaps carrying a higher deductible; or, combining home and auto insurance policies with the same insurance company.

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Mature drivers over 55 years old may qualify for some of the best rates available. Some insurance companies across Canada specialize in getting the best rates for mature drivers. There are also retirement benefits to keep in mind: no commute distance may mean a lower rate. Make sure the insurance company changes the commuting status to pleasure use.

No matter how old you are, it is always a good idea to shop around for a better rate. Quoting sites like **ComparaSave.com** help drivers find the lowest insurance rate available within their network of over 30 insurance companies.

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Catholic bishops

No sacraments without taxation

A Catholic reform group in Germany criticized the country's bishops Monday for declaring that believers who refuse to pay religious taxes won't be able to receive the sacraments, become godparents or work in church institutions. A century-old agreement with the state adds up to nine per cent to the income-tax bill of Germany's 25 million registered Roman Catholics, earning the church more than $5.2 billion annually.

THE ASSOCIATED PRESS

Saudi Arabia

Nigerian women kept from hajj

Nigerian officials say 398 Muslim women travelling to Mecca were temporarily held at a Saudi Arabian airport for travelling without male relatives. Spokesman Uba Mana said the women were allowed to proceed with their pilgrimage Monday. An agreement allows Nigerian women to perform hajj without a male relative.

THE ASSOCIATED PRESS

Prelude to Yom Kippur

Ultra-Orthodox Jews surround a pool as they participate in a Tashlich ceremony in the ultra-Orthodox Israeli town of Bnei Brak, Monday. Tashlich, which means "to cast away" in Hebrew, is the practice by which Jews go to a large flowing body of water and symbolically "throw away" their sins by throwing a piece of bread, or similar food, into the water before the Jewish holiday of Yom Kippur, which starts on Tuesday.

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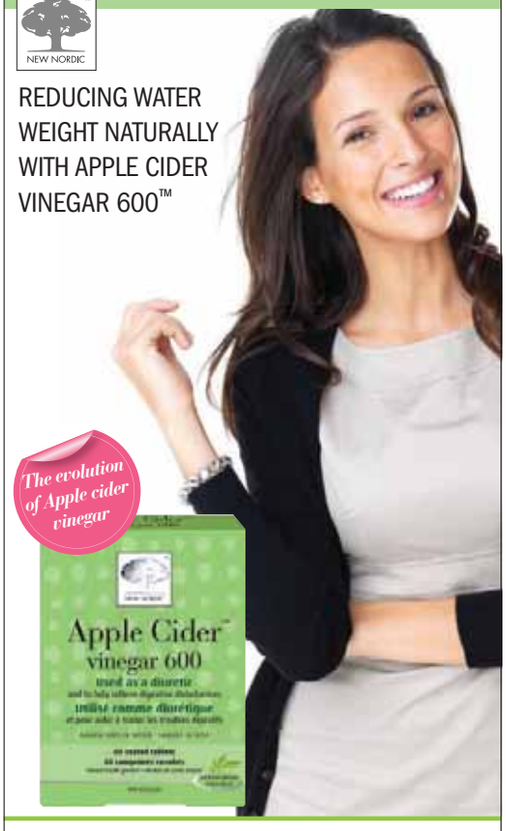

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B.C. city leaders set to debate pot decriminalization

Conference of B.C. municipalities. Decriminalizing and taxing marijuana among 200 resolutions on the agenda

A demonstrator exhales smoke from a marijuana cigarette during 4-20 in Vancouver, B.C. on April 20, widely known in pot culture as a day for smoke-ins. JONATHAN HAYWARD/THE CANADIAN PRESS

Mayors and councillors from across British Columbia are launching the annual Union of B.C. Municipalities convention by crowding into a debate calling for the decriminalization of marijuana.

Stop the Violence B.C. spokesman Dr. Evan Wood disagrees with those suggesting municipal leaders shouldn't concern themselves with marijuana laws.

The noted HIV/AIDS expert says drug gangs are killing people and municipalities have the power to lead the way towards decriminalizing pot.

Criminologist Daryl Plecas has countered, saying municipal leaders should work on reducing marijuana use because smoking pot is harmful. Municipal leaders vote on a resolution calling for decriminalization of marijuana on Wednesday.

THE CANADIAN PRESS

Sex scandal. Psychiatrist quits new job at university

A psychiatrist facing an allegation that he had sex with a patient in Ontario has resigned from his new job as department chair at the University of Alberta.

Dr. Claudio Soares, a graduate of the University of Sao Paulo in 1989, was hired to head up the university's psychiatry department effective Sept. 1, but was placed on leave before he could start.

The Ontario College of Physicians is investigating a charge of professional misconduct against him.

It's alleged that Soares had a sexual relationship with a female patient between November 2007 and May 2009.

At the time, he was a professor at McMaster University in Hamilton, Ont., and also director of the Women's Health Concerns Clinic, which is affiliated with the school. The University of Alberta said Soares was placed on leave the same day he was to start as chair. On Monday he "resigned effective immediately."

THE CANADIAN PRESS

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Runaway schoolgirl

Teen and teacher may be in France

The parents of a missing British schoolgirl believed to have run away with her teacher have issued a plea for her to come home.

Authorities believe Megan Stammers, 15, is in France with 30-year-old Jeremy Forrest, a math teacher in East Sussex.

The alarm was raised Friday after Megan failed to turn up for school. Police believe she and Forrest took a ferry to France.

THE ASSOCIATED PRESS

People smuggling

Indonesia jails soldier for 6 years

Reports say an Indonesian military tribunal has sentenced a soldier to six years in jail for attempting to smuggle illegal migrants to Australia on board an overcrowded boat that sank last December, killing about 200 people.

Only 49 people survived when the boat was hit by a powerful wave and broke apart.

THE ASSOCIATED PRESS

Authorities investigate the scene where a 25-year-old man was mauled by a tiger at the Bronx Zoo in New York in this image from video provided by WABC. David Villalobos, who is in hospital in stable condition, told investigators he leaped into the zoo exhibit from an elevated train because he wanted to "be one with the tiger." WABC-TV/THE ASSOCIATED PRESS

Wild leap. Man wanted to be 'one with the tiger'

Before his tangle with a Bronx Zoo tiger, David Villalobos adorned his Facebook page with New Age odes to Mother Earth and affirmations like "Be love and fearless."

Police said Saturday that Villalobos, 25, had told detectives that it was without fear that he leaped from an elevated train into the animal's den. His reason, they said, was that "he wanted to be one with the tiger."

Villalobos also recounted how, after he landed on all fours, the 400-pound beast attacked him and dragged him around by his foot, said New York Police Department spokesman Paul Browne. Despite serious injuries, he claimed he was able to get his wish and pet the tiger — a male Siberian named Bashuta — before his rescue.

Based on those admissions and a complaint from the zoo, police charged Villalobos with misdemeanour trespassing. Villalobos remains hospitalized with bites and punctures on his arms, legs, shoulders and back, as well as a broken right shoulder, right rib, right ankle and pelvis and a collapsed lung. Police said there was no indication he was intoxicated.

THE ASSOCIATED PRESS

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Mortgage rules slow housing market: Report

August figures. Sales drop occurred in 21 of 28 metropolitan areas across Canada, says Conference Board

Canada's housing market appears to be cooling across the board in the face of tighter mortgage rules that affect many first-time buyers of modest means, a new analysis from the Conference Board shows.

The think tank's snapshot of resales for August shows a widespread decline in sales of existing homes, with 21 of 28 metropolitan markets registering a drop from July, and 16 of the markets showing a falloff of five per cent or more.

As well, listings fell in 17 of the 28 markets, an indication that owners were reluctant to place their homes for sale due to soft conditions.

Senior economist Robin Wiebe of the Conference Board said there was evidence of cooling in some markets — particularly Vancouver and Victoria — before the new rules went into effect July 9. But the new data shows the slowdown has spread to most markets and from coast to coast.

"When you see sales down in three-quarters of the market, that means it's pretty widespread," he said. "It's knocked previously high-flying markets like Regina and Saskatoon down a peg. Vancouver had been showing signs of cooling, now it's spread out into the Fraser Valley."

THE CANADIAN PRESS

Market Minute

DOLLAR 102.17¢ (-0.25¢)

TSX 12,313.54 (-70.06)

OIL $91.93 US (-$0.96)

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Natural gas: $2.837 (-4.8¢)
Dow Jones: 13,558.92 (-20.55)

2,000-employee brawl

iPhone maker halts plant

The company that makes Apple's iPhones suspended production at a factory in China on Monday after a brawl by as many as 2,000 employees at a dormitory injured 40 people.

The fight, the cause of which was under investigation, erupted Sunday night at a privately-managed dormitory near a Foxconn Technology Group factory in the northern city of Taiyuan, the company and Chinese police said.

The Taiwanese-owned company declined to say whether the factory was involved in iPhone production. THE ASSOCIATED PRESS

iPhone 5 sales disappoint analysts

Staff welcome customers at the Apple store in Hong Kong as sales of the new iPhone 5 got underway Friday. On Monday, Apple Inc. said that it sold more than five million units of the iPhone 5 in the three days since the model's retail launch — less than the 6 million to 6.5 million analysts had expected. The shortfall was largely due to limited supply. However, it beat last year's iPhone 4S launch sales of four million phones in the first three days.

KIN CHEUNG/THE ASSOCIATED PRESS

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LINEUPS ARE FOR LUSHES

SHE SAYS...
Jessica Napier
metronews.ca

Last Saturday, I found myself in a position I swore I'd avoid forever: standing in line for a bar and hating every minute of it. Strangely, I felt as if I was the only person who understood what an awful reality the monstrously long line presented.

Didn't the crowd of Party-Rock enthusiasts surrounding me realize the one-in-one-out policy meant they'd be going inside roughly five minutes before last call? No, they were snapping Instagram selfies and seemingly oblivious to the chilly, just-turned-fall breeze on their inexplicably bare arms and legs.

But seriously, why wait?

"For Apple fanatics, the communal experience of waiting for the newest iThing is part of the fun, a shared cultural experience of electronic-device worship."

There is a certain kind of cynicism, or maybe we'll call it wisdom, that comes with age that dictates just how long you're willing to stand in line to go to *the* bar of the moment. I guess the under-25 set just has much more stamina when it comes to late-night lineups.

Most people would agree that waiting in line can be a frustrating, anxiety-inducing and altogether boring process. But we tend to experience lineups in different ways based on our desires, expectations and whether or not we enjoy the company we're with.

In his article The Psychology of Waiting in Lines, former Harvard Business School professor David Maister examines how businesses and service organizations can improve the experience of waiting in line. Maister insists that it's how we wait — not how long we wait — that counts.

Lines we perceive to be unfair, unexplained or uncertain will always seem longer. Comparatively, queues that are reasonable, explained and predictable are much more bearable. Maister also points out that occupied time feels shorter than unoccupied time. This is why you'll find bad magazines in the waiting room at the dentist and mirrors in elevators.

Sometimes, lineups themselves aren't just a means to an end, but part of the overall experience. Last week, devoted fan-boys and girls camped out at Apple stores around the world in anticipation of the release of the iPhone 5, a shiny new smartphone marginally better than its predecessor. For Apple fanatics, the communal experience of waiting for the newest iThing is part of the fun, a shared cultural experience of electronic-device worship.

Ultimately, lineups are inevitable and unavoidable — at airports, in emergency rooms and for every single public female bathroom in existence — but it isn't always the length of the line that determines whether or not something is worth the wait.

Unless it's already 1 a.m. and you're standing (in heels) behind 50 people in line for a bar. Then it's just time to go home.

Follow Jessica Napier on Twitter @MetroSheSays

How long you are willing to wait in line at a bar is correlated to the amount of alcohol you've consumed, presumably. SHAKESTERCODY/FLICKR

That's a jump to remember

KOEN VAN WEEL/EPA

War commemoration

Troops honour dead with airplane drop

Up to 1,100 troops from Holland, Belgium, Britain, Canada, Germany and the U.S. parachuted from airplanes above Ginkel Heath in the Netherlands.

The annual paratrooper drop this past weekend was to commemorate the Second World War's Battle of Arnhem, a significant airborne attempt by the Allies to cross the Rhine River.

METRO

Organizer's viewpoint

"It was a perfect opportunity for active servicemen to perform a true paratroop drop with their NATO allies."

Thijs van der Laan, communication advisor at the Airborne Commemoration Foundation (for the Battle of Arnhem)
Van der Laan told Metro that preparations to celebrate in two years, which will mark the 70th anniversary of the battle, are already underway. He noted that high members of the British and Dutch royal families would be in attendance.

History unearthed

Soldier's body found before ceremony

This year's commemoration was given added significance with the discovery of a British paratrooper's remains, almost 68 years to the day after he was killed in action.

The body — believed to be that of a soldier from Britain's 4th Parachute Brigade — was found with a metal detector. Two hand grenades were located near the body — the explosives were detonated on the spot.

METRO

Active paratroopers perform a drop to commemorate a famous battle. KOEN VAN WEEL/EPA

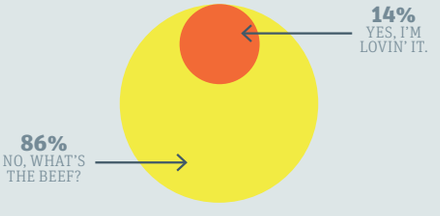
Online

Check out the video at metronews.ca.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Would you go to a vegetarian McDonald's?



Twitter

@patria1818:
RIP Sam "The Record Man" Sniderman. I think the last vinyl album I bought at Sam's was "Chants Glorieux" by Roger Doucet in 1978.

@krista_hannah:
@RyersonU should name their new library after Sam Sniderman of Sam the Record Man. #rip

@bbbrobin:
Sharing #embassies with the #UK? Maybe we can borrow the car, too! #cdnpoli #ukpoli

@kurtismeister:
Streetcars should deploy traffic control spikes with open doors. Maybe ignorant drivers would learn. #ttc #toronto

@JamesAldersley:
Media outlets care about one thing: Eyeballs. If reporting a sideshow gets viewers, it leads. Dislike that? Be less of a sideshow #topoli

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SCENE 2

On the web

Drake, Japandroids, Feist? Find out if one of them or another talent won the Polaris Music Prize last night by scanning this code or visiting metronews.ca.

DVD Reviews

The Avengers
Directed by: Joss Whedon and Zak Penn
Starring: Samuel L. Jackson, Robert Downey Jr., Mark Ruffalo and Scarlett Johansson

••••

You don't have to sport a propeller beanie to enjoy The Avengers, which may be the highest possible praise for what director Joss Whedon and co-writer Zak Penn have wrought in their energizing superhero adventure. Whether you love or merely like The Avengers will likely come down to the performances of the ensemble, and not the perfunctory plot or the on-the-fly back story. And what an ensemble it is. Samuel L. Jackson is Nick Fury, the director of a global peacekeeping agency comprised of a fistful of Marvel Comics superheroes that include Iron Man (Robert Downey, Jr.), The Hulk (Mark Ruffalo), Captain America (Chris Evans), Thor (Chris Hemsworth) and newcomer to the team the Black Widow (Scarlett Johansson), a lethal gymnast.

PETER HOWELL

Damsels in Distress
Directed by: Whit Stillman
Starring: Greta Gerwig and Adam Brody

•••

Whit Stillman's screwball college comedy Damsels in Distress is only the fourth film in his 22-year career and his first since The Last Days of Disco in 1998. Perhaps he needs all that time to write and store up the amusing aphorisms that issue from the mouths of his creations. He reserves his best bon mots for lead damsel Violet (Greta Gerwig), who leads a quartet of do-gooders determined to help people improve themselves at Seven Oaks College, even if it kills them.

PETER HOWELL

Action thriller Looper has Emily Blunt doing some crazy stunts. ALAN MARKFIELD/HANDOUT

Getting physical with Looper actress Emily Blunt

Q & A. Actress dishes on her rough-and-tumble role while giving us a taste of her nerdier side

NED EHRBAR
Metro World News in Hollywood

We sat down with Looper star Emily Blunt to talk about getting physical for her role in the film — namely, wielding a shotgun and an axe, despite the proper training — and how she got back at director Rian Johnson.

She also got into a bit of name-calling when the subject of time travel came up, but she can get away with it.

In this movie, you are quite handy with a shotgun.
Yeah! I hopefully didn't look like a sissy with a shotgun, so that's good.

No, you were very convincing, very threatening. How much prep did you do for that?
With the shotgun? The thing I prepped for, actually, was the chopping wood.

That's the thing I practiced for about a month beforehand in my backyard.

I had this guy come over and deliver logs and an axe, and he was like, "There you go." And I was like, "Oh, I don't know how to do this," and he was like, "I don't know how to do this either."

So I just practiced for a while. And that was probably the hardest scene to shoot, the chopping wood scene. Physically, by the end of the day I was just like, "Argh!"

I don't know how many takes you had to do...
A lot. A lot.

And did you exact any sort of revenge on Rian for making you chop so much wood?
I don't think I did, actually. I mean, maybe the most vengeful thing that happened was that we had to put fake blood on everyone, and the little boy hated it, so we doused Rian with fake blood as well just so he would feel like one of the team.

But it didn't help. The kid still hated it.

That's good, I think, that the kid hated being doused in fake blood.
Well, he should, right? He's five. He should hate that.

I'm still trying to wrap my head around the fact that the guy who delivers the wood and the axe doesn't know how to use it.
I know, I know. He just dropped the logs off and was like, "I think you kind of do it like this." I was like, "Oh great. I'll figure it out."

I wanted to talk a little bit, briefly about time travel...
Nerd.

Yes, yes. I am. Did you guys spend any time off-screen actually trying to wrap your heads around time travel?
I mean, I never get too wrapped up in the technological stuff. I don't really geek out for that stuff. I'm not the best person to nerd out with over time travel.

Exclusively online

Visit metronews.ca/scene to see our video interview with Emily Blunt.

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Beth Ditto looks back on her career, and forward to even more success

Outspoken, and proud of it. Gossip singer credits her long years with the band for the steady evolution and maturity of their sound

JÉRÔME VERMELIN
Metro World News in Paris

Gossip singer Beth Ditto is a dedicated fan of David Bowie, Whoopi Goldberg, Lauryn Hill and ABBA. GETTY PHOTO

Beth Ditto doesn't mince her words. Gossip fans love the 31-year-old both for her sensual voice and her feistiness. Ditto is openly gay and 100 per cent comfortable with her curves. Her life has been one extraordinary journey, which she reflects upon in her upcoming biography, Coal to Diamonds.

Is it fair to say you now have the career of your dreams?
I think so. It's incredible to still be a part of Gossip. We grew up together, and the people we work with are real friends. I've spent half of my life in this group. When we first started we were a small punk rock band and now, we're living these incredible experiences. We still get excited about that. But we're also very tired…

Gossip seems to change its look and sound with every new album. Has this got something to do with your musical influences?
I'm obsessed with David Bowie. Did you know that?

I did think you were…
You and I, we're going to go meet him. Let's share our connections. Lately, I've felt really inspired by David Bowie. I spent my life listening to his music, but it's only now I realize how much he's inspired me. Rediscovering artists is almost more amazing than discovering new ones. Bowie's lyrics are beautiful – he's both an eccentric and a gentleman.

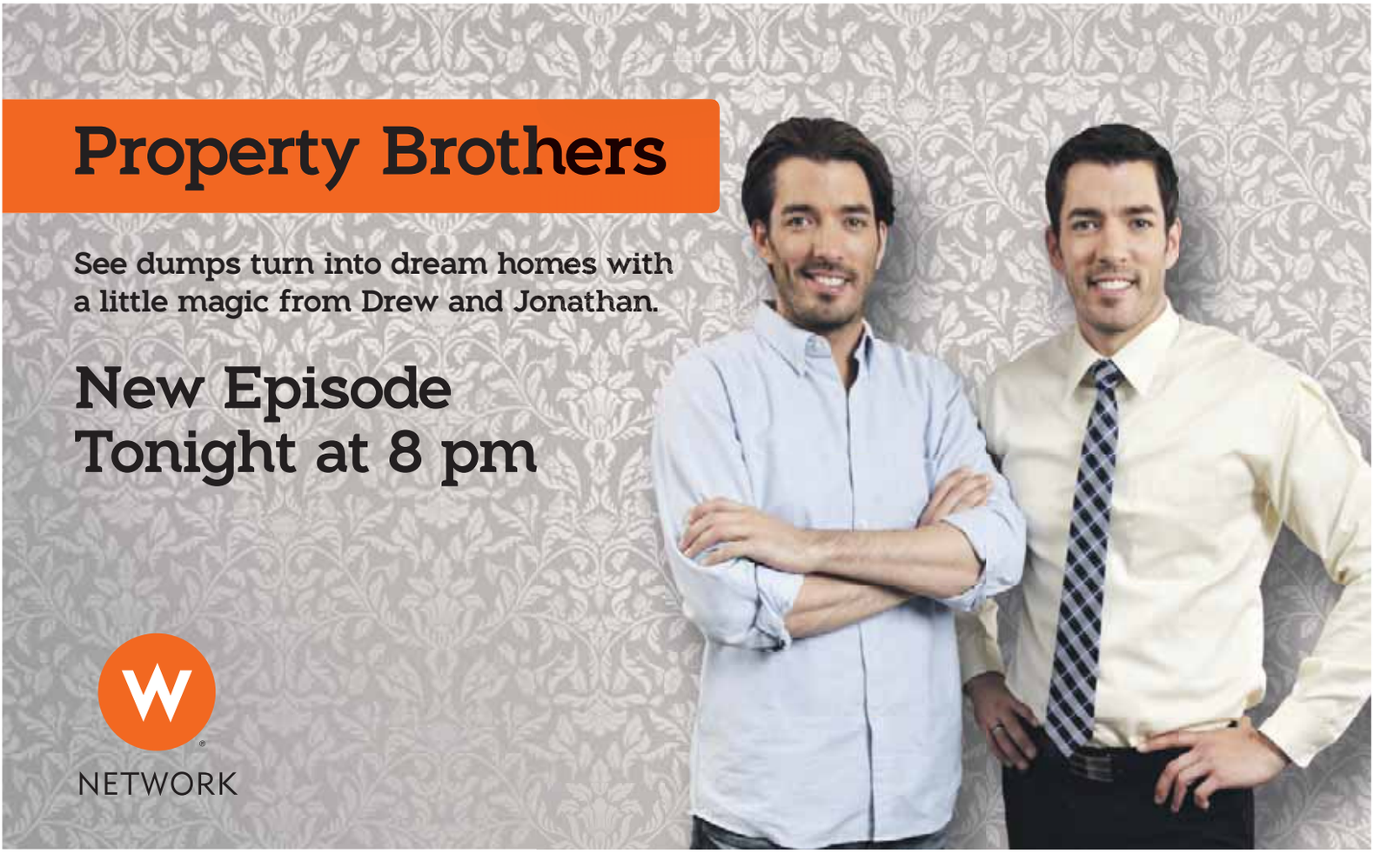
He's super creative and his music is stunning. But the people that have inspired me most are close members of my family including my mother and sister. Musicians such as Tobi Vail and actresses, such as like Whoopi Goldberg have also inspired me.

You do know Whoopi is in Paris at the moment, for the premiere for Sister Act…
Whoopi Goldberg is in Paris! Are you kidding me (turns to her team)? Call my manager, I have to see her! Did you know that Sister Act 2 is my favourite movie?

Number 2? Not number 1?
Number 2 is cooler. And Lauryn Hill is in it! Whoopi Goldberg is incredible, I watch her talk show back in the states and I truly believe that woman is the voice of reason.

ABBA heavily influenced your last album, A Joyful Noise. Did this surprise the original Gossip fans?
All the groups that I love, even the most punk ones like the Germs, all love ABBA. The beauty of being in your 30s is that you have this ability to come to terms with groups that influenced you in your youth. You're proud of the music you listened to in the past. Some say we're no longer relevant, I say we're just at an age when we're comfortable with who we are.

As the lead singer of Gossip, do you like reading gossip and celebrity magazines?
It depends on the celebrity. If its about me, I love it! There's nothing better than being able to read a load of bulls— that's been written about me. Ironically, the true story is usually much worse than the version reported by the magazine. Unfortunately, people tend to believe what's written in the papers — even my girlfriend!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Discography

In 20 years, No Doubt has released just six studio albums, but have achieved tremendous success:

- **No Doubt (1992)** Sold 30,000 copies
- **The Beacon Street Collection (1995)** Sold 100,000 copies
- **Tragic Kingdom (1995)** Sold more than 16 million copies
- **Return of Saturn (2000)** Sold 1.4 million copies
- **Rock Steady (2001)** Sold in excess of 7 million copies
- **Push and Shove (2012)** Released Sept. 25, 2012

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Older, wiser No Doubt are not 16 any more

Middle-aged parents. After 11 years away from the studio, the veteran band is back with Push and Shove

Singer Gwen Stefani is a 42-year-old mother of two. AP PHOTO/ANDREW SWARTZ

When the members of No Doubt got together again to make new music, something unexpected came with them: a bit of doubt.

It had been 11 years since they'd put out Rock Steady and their priorities had changed. Each of the four had gotten married and had kids, producing eight babies between them. Music was no longer the important thing in their lives.

Could they still make it work?

"That's pretty complicated stuff when you start to really look at it," 42-year-old lead singer and lyricist Gwen Stefani says. "You're playing this role your whole life — the singer of No Doubt — totally committed to this in the greatest kind of way, and then all of a sudden, you're saying, 'Actually, you guys cannot be No. 1 anymore or else this is not going to work.'"

But the band has somehow made it work. They return this month with their first studio CD in over a decade — Push and Shove, which blends their signature mix of ska and British New Wave with lyrics that reveal some anguish at their new lives.

In an interview at a downtown recording studio, the bandmates reveal few outward signs that it's been 26 years since No Doubt formed.

"Sometimes in my mind I still think I'm 16 onstage and my body tells me that I'm not 16 anymore," says Tony Kanal, the 42-year-old bassist, laughing. "For me, the goal was just to get the record finished. To get us all in the same room at the same time with the amount of kids we all have between us was a struggle."

But the band insists they just make the music they like, without an eye to the marketplace. "It's more about pleasing ourselves," Stefani says. "It's very selfish."

THE ASSOCIATED PRESS

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It's been a wild ride to fame for Brooklyn quartet Grizzly Bear

Chris Taylor and Ed Droste of Grizzly Bear performing at the Coachella festival last April. GETTY IMAGES/NOEL VASQUEZ

Content as they are.
Don't expect to be seeing them filling any arenas soon, but they will keep on touring, appearing on TV

The things you do for art. In August, a month shy of the release of Brooklyn-based quartet Grizzly Bear's fourth album, Shields, the band appeared on The Colbert Report packed in a tiny dinghy with effusive host Stephen Colbert, wobbling precariously like they might capsize at any moment — which was not part of the script.

"I don't think Colbert realized that there was a simulated water cushion underneath that would start rocking," says Grizzly Bear founder, singer and keyboard player Ed Droste. "He was like, 'Oh my God, who chose this?'"

Quoted

"I remember playing this diner in Minneapolis, which had this little stage attached. There were four people watching us, but mostly it was people eating tuna melts."
Ed Droste. Grizzly Bear founder.
On how things started for the band.

It was an unusual situation — but all present took it in stride.

"We don't usually get to do interviews on television. We usually just play the song. So, that was new for us. He was really fun to chat with, of course. It was totally fun, we had a great time."

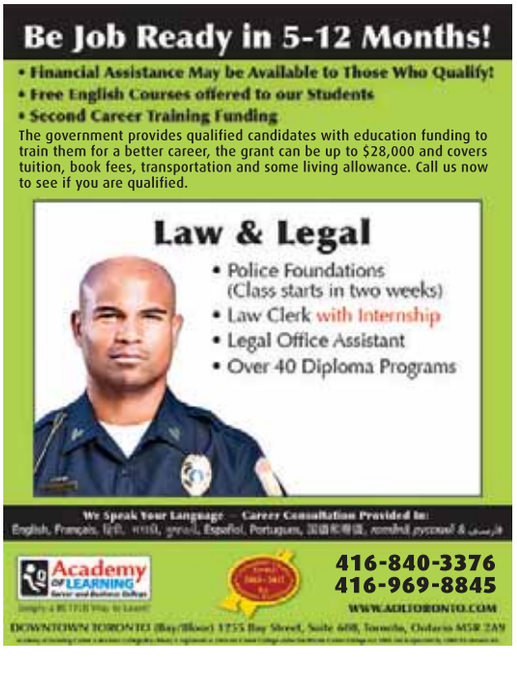
Droste says more awkward situations arose when the band first started.

"The oddest situation was back when we were unknown and we'd book our own tours," he says. "I remember playing this diner in Minneapolis, which had this little stage attached. There were four people watching us, but mostly it was people eating tuna melts and thinking it was loud, and 'Who are these people?'"

Now that Grizzly Bear have boated with Colbert, backed Ryan Gosling — their songs dominate the Blue Valentine soundtrack — can there be any career goals left?

"We're just happy doing what we're doing. Just being where we are now. There's no goal to fill arenas or anything like that," says Droste. "We don't make that kind of music."

Droste admits that recording the band's proggy-influenced new album, Shields, was challenging. "[It] can be very difficult with four strong-minded people in the band," he says. "There are challenging moments where people might disagree. But if everything came really easily and we all agreed we'd think, 'OK, we have a problem here.'" THE ASSOCIATED PRESS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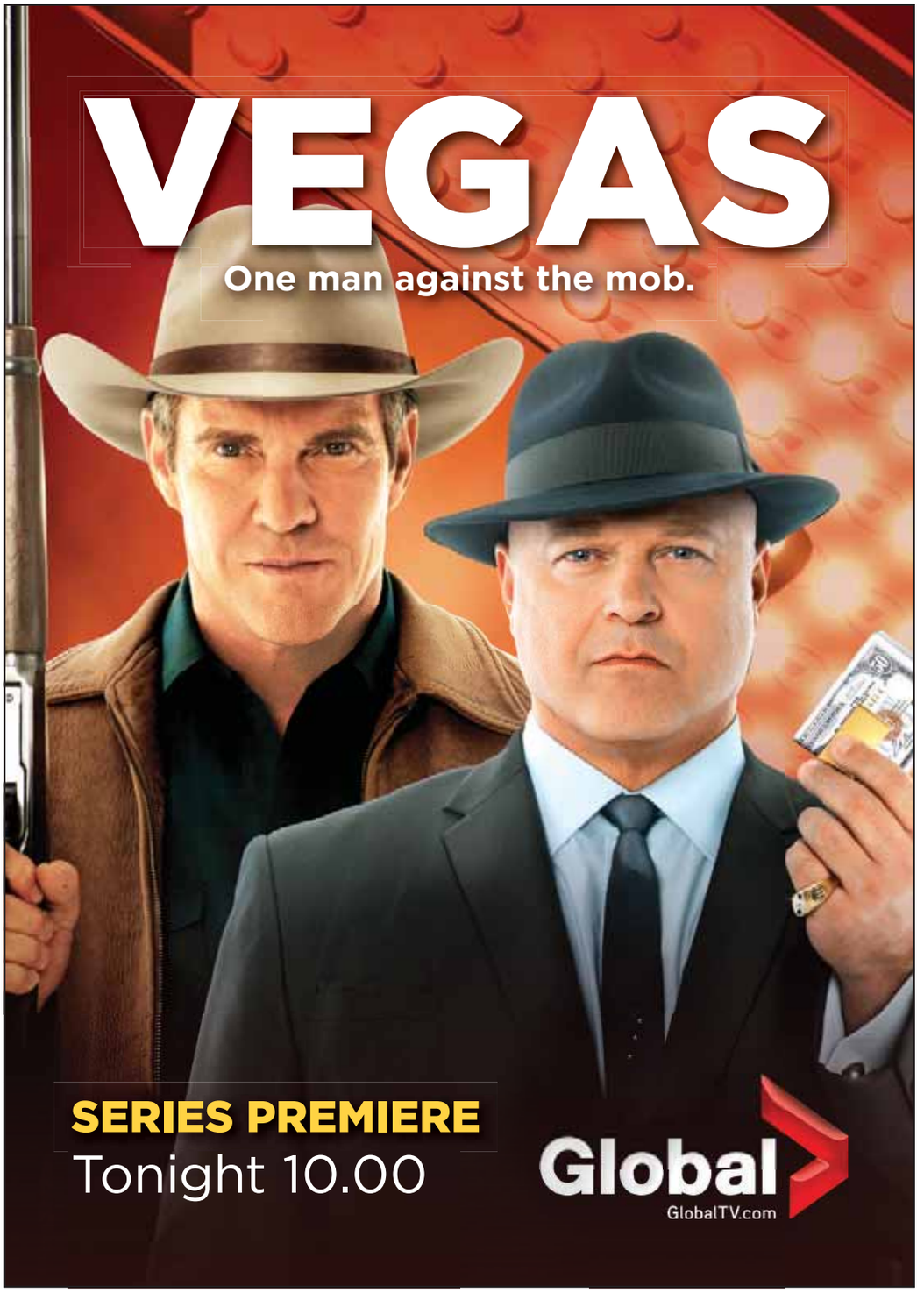

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

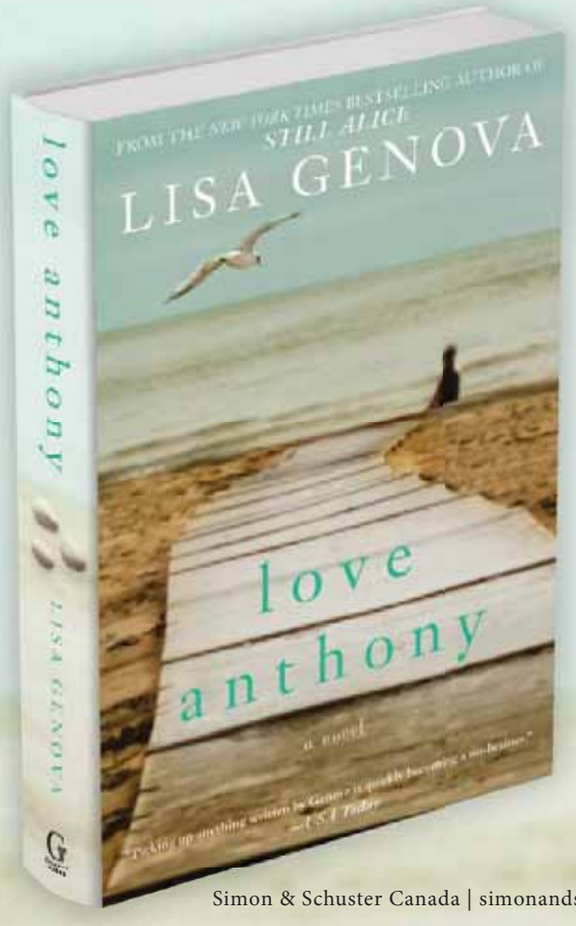
How does John Mayer do it?

THE WORD
Dorothy Robinson
scene@metronews.ca

John Mayer's little black book reads like a who's who of GQ magazine covers: There's Jennifer Love Hewitt, Jessica Simpson, Jennifer Aniston, Minka Kelly, Taylor Swift, and, most recently, new divorcee Katy Perry.

But Perry's friends are worried about the singer due to Mayer's lady killer reputation, according to Radar Online. Sources say her pals are urging her to end it with Mayer before she gets too attached. "Katy's friends and family haven't taken to John at all. In fact, they are worried that she is headed for heartbreak," a source says. "Despite the fiery image Katy likes to present, she's actually more fragile than that, and when John dumped her a few weeks after they first got together she was devastated. Now that she has invested more feelings in John and has let her guard down, there's only one way this can end — in disaster."

Disaster — or an eventual song about Mayer and his heartbreaking ways. Or, depending on how you feel about Katy Perry's singing, it could be both.



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Are you dating a narcissist?

Quiz. Your new guy seemed confident, loving and outgoing, until he slowly became critical, jealous and self absorbed

ROMINA McGUINNESS
life@metronews.ca

Are you dating a Ron Burgundy? GETTY IMAGES

Confidence. It's attractive in a man. But when dating, sometimes it's hard to determine where his healthy ego starts and narcissism begins. Is your man in love with you? Or himself? Or rather, does this sound familiar? "Initially, you buy into this inflated image," says Gail Saltz, a psychoanalyst from New York. "But eventually, you come to realize the difference between confidence and insecurity covered over with swagger."

We asked the experts where this behaviour comes from. "Narcissism stems as a reaction to a home environment where a child wasn't allowed to develop an autonomous self," posits Sam Vaknin, author of Malignant Self-Love. "The child creates a 'false self' who is everything that the narcissist is not, but would like to be. Narcissism is a shell and inside there is a huge void. The narcissist does not know what it means to be himself — and as a result, has zero empathy."

To help, we put together a small quiz to help you figure out if your super 'awesome' and confident guy is a narcissist.

Quiz: Are you dating a narcissist?

1. By the end of your first date together you are:
A: Still trying to get over the fact someone so cool, attractive, successful and exciting wants to date you.
B. Whoa! Chill out — you're still not sure if there's going to be a date two.
C. The love of his life.

2. He uses the back of his iPhone as:
A. A mirror — he checks himself out every two seconds.
B. A ruler (hopefully not to rack out lines of cocaine).
C. A shrine to you. He's stuck a giant photo of you on it.

3. Sex is:
A. Less about your pleasure in the moment than his aggrandizement. It's all about his amazing body, crazy moves and his swagger.
B. Fair play: You both give and take.
C. Mind-blowing, mostly because he makes it all about you.

4. His group of friends….:
A. He fell out with his closest friends before you met. The ones he has now are like the hangers-on in Entourage.
B. Game of Thrones meets How I Met Your Mother meets Gossip Girl. Full of drama, hate, sex, lies, backstabbing — but mostly love.
C. Super tight. They've been friends since school and share spreadsheets to plan holidays and nights out.

5. He's cheated on you…:
A. Three to four times. That you know of.
B. You both sort of cheated once — but it was a Ross-Rachel thing. You were on a break.
C. He panics every time someone hits on him, let alone tries to kiss him.

6. The two of you bump in to your (hot) ex:
A. He immediately picks a fight because your ex looked you 'in the eye' and threatens to beat him up if he ever comes near you ever again. You, the ex's wife and his kids all witnessed the scene.
B. He just feels sorry for the guy. He doesn't know what he's missing out on since he's no longer with you.
C. He manages an awkward smile but he's so pale and stressed out it looks like he's about to pass out.

7. You've just been made redundant and you come home sobbing:
A. He tells you to get a grip, turns on the TV and spends the whole evening complaining about his lame $4,000 bonus and imminent pay raise.
B. He reminds you that you hated your job and wanted to quit anyway. At least this way you'll get a good payoff.
C. He helps you spruce up your CV, agrees to watch The Notebook without complaining and books you a spa weekend using his bonus money.

8. He spends his spare cash on:
A. Flashy cars, nights out, expensive watches, gadgets (he's on the waiting list for the iPhone 5). He updates his wardrobe every season, and yours. He doesn't want you cramping his style.
B. Fixing up his beat up car, beer and pizza.
C. You.

9. Your phone rings in the middle of the night:
A. You look out the window and see him standing on your doorstep: you didn't text him back so he's come to find out why.
B. Nothing major, just a bootie call.
C. You forgot your USB key at his house, the one with the presentation for those potentially huge clients. He's here to return it.

10. You say: Honey, that polka-dot shirt is a little too much:
A. How dare you question his taste? He goes mental at the fact that you've contradicted him and spends the rest of the night sulking. You get the message; never criticize him. Ever again.
B. But he totally digs his spotty shirt! There's no way he's changing.
C. He changes into the shirt your mother (i.e. you) gave him last Christmas.

SCORES:

If you scored a majority of A's
The narcissist boyfriend: Your boyfriend sounds like he could be a narcissist. That or he's so selfish he doesn't really care about you and your needs.

If you scored a majority of B's
The super chilled boyfriend: You're dating a no-nonsense dude. He's chilled and cool.

If you scored a majority of C's
The love struck boyfriend: Your boyfriend is so in love with you that you don't need to worry about him being a narcissist. If anything, he should think about his needs a little more.

CITY 3

On the web

Qrikel

Health agencies aim to address the problem of providing health services to the Roma

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For more information call: Molly at 416-979-5000 Ext. 2185
RYERSON UNIVERSITY

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E-mail: cardiac.insomnia@ryerson.ca

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Experts expect the number of Canadians who suffer from arthritis to double within a generation. ISTOCK PHOTOS

Arthritis not just an elderly ailment anymore

Health care. More than four and a half million Canadians are affected by the disease, and experts expect that number to rise

CELIA MILNE
life@metronews.ca

Linda Wilhelm was only 23-years-old — with a newborn baby and a two-year-old — when she was diagnosed with rheumatoid arthritis.

The disease hit her hard. She would eventually need two knee and two shoulder replacements, a new hip, an ankle fusion, a wrist fusion and an artificial elbow.

While her suffering has been more dramatic than most, her story is familiar to many.

She bounced from doctor to doctor, and no one had a care plan for her. More than 30 organizations involved in arthritis hope to change that. Last week, they launched a new national framework called the Joint Action on Arthritis.

It is designed to coordinate arthritis efforts around the country, improve prevention and care, raise awareness of the disease, and strengthen research dollars. Wilhelm, a mother of three and a grandmother living in Midland, N.B., told her story at the Calgary launch, and was optimistic.

"I'm excited to see the launch of this framework, so nobody will fall through the cracks in our health care system."

Approximately 4.6 million Canadians are directly affected by arthritis, and many of them are young.

"Within a generation," says Dr. Dianne Mosher, president of the Arthritis Alliance of Canada and a Calgary rheumatologist, "the number of Canadians with arthritis will double, to the point that one in four of us will join the ranks of those suffering."

In future, patients will receive care from a team — doctors, nurses, and other experts — all in one clinic.

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Best Health

Coconut water is packed with health benefits. ISTOCK PHOTOS

Check out the buzz-worthy foods

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

In the October issue of Best Health magazine — our annual Eat Well issue — dietitian Matthew Kadey looked into some of the foods that are causing a buzz lately. Here are a few.

Coconut water
A growing list of Hollywood celebs are raving about it, and more and more stores are carrying it. Coconut water is extracted from young coconuts and has only small amounts of sugar. Not to be confused with higher-fat coconut milk, coconut water is fat-free, tangy but slightly sweet and is full of the electrolyte potassium, which lowers blood pressure. In fact, just one cup of it has more potassium than a banana.

Avocado oil
It contains lutein, which helps promote healthy vision, and has a higher smoke point than olive oil so it works well for higher-temperature cooking such as stir-frying. Plus, more than 70 per cent of the calories in this buttery, green-tinged oil come from monounsaturated fat. This helps boost HDL (good) cholesterol.

Hemp beverage
Made by blending hemp seeds with water, this drink has a nutty flavour. Among non-dairy drinks including soy, almond and rice, hemp provides the most omega fats, which improve health. (However, soy has more protein.) Hemp is also a natural source of iron.

For more new foods look for the October issue of Best Health magazine, on newsstands now.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GOT TO BESTHEALTHMAG.CA/METRONEWS

Tex Mex Chili's lighter side

ROSE REISMAN
for more, visit
rosereisman.com

This is a lighter chili typically served in the Southwest. Using chicken rather than beef reduces the calories and fat. Dusting the chicken with flour maintains the moisture. Aged cheddar is the perfect accompaniment and you can add diced avocado to the list of garnishes.

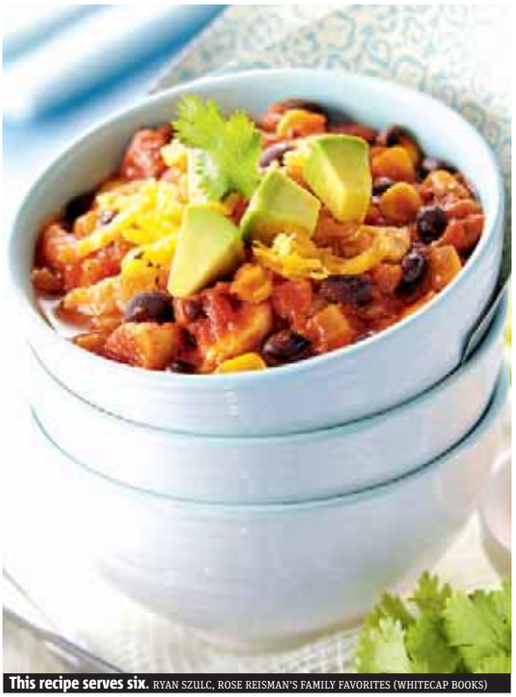
1. Place the chicken and flour in a bowl and toss to coat. Lightly coat a non-stick saucepan with cooking spray, add 1 tsp of the vegetable oil and set over medium heat. Sauté the chicken for 5 minutes or until it is lightly browned on all sides, but do not cook through. Set aside.

2. Respray the same saucepan, add the remaining vegetable oil and set over medium heat. Add the onion and cook until soft, stirring frequently, about 5 minutes. Stir in the corn and garlic and continue to cook and stir for 5 minutes or until the corn is browned.

Ingredients

- 12 oz skinless boneless chicken breasts (about 3 breasts), diced
- 1/4 cup all-purpose flour
- 2 tsp vegetable oil
- 1 1/2 cups chopped onion
- 1 cup canned corn, drained
- 2 tsp finely chopped garlic
- 1 1/2 cups canned black beans, drained and rinsed
- 2 1/2 cups tomato sauce
- 3/4 cup chicken (or beef) stock
- 1 tbsp chili powder
- 1 1/2 tsp dried basil
- 1 tsp dried oregano
- 1 1/2 tsp seeded and finely chopped jalapeño pepper
- pinch of salt and pepper
- 1/4 cup chopped cilantro
- 1/2 cup shredded aged light cheddar cheese
- 1/4 cup low-fat sour cream

3. Stir in the beans, tomato sauce, stock, chili powder, basil, oregano, jalapeño, salt and pepper. Bring to a boil, reduce the heat and cover. Simmer for 15 minutes. Add the diced chicken and simmer, uncovered, for 5 minutes or until the chicken is just cooked through and the chili thickens.



This recipe serves six. RYAN SZULC, ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

4. Serve the Tex Mex chili in bowls, and garnish with cilantro, aged light cheddar cheese and sour cream.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Health Solutions

Spice it up!

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Here's a fancy new word for you: ORAC value. ORAC stands for the oxygen radical absorbency capacity of a food.

The leading theory in aging and age-related illness is the free radical damage that occurs when cells turn over during the normal course of taking care of their business.

Adding high ORAC foods is your best defence to reduce that damage and fight aging and illness.

Dark leafy greens, green tea and intensely coloured fruits are great but go beyond with the top six spices that have been shown to do the trick.

1. Cloves
2. Cinnamon
3. Rosemary
4. Oregano
5. Thyme
6. Turmeric

Most of these are in your pantry and you likely use them once a week (turmeric is in curry powder), but you'd be wise to work them all in daily.

Add cloves and/or cinnamon to your morning coffee, any type of yogurt or oatmeal.

Add fresh or dried herbs like rosemary, oregano and thyme to every soup or salad you have for lunch. They can also be added to pasta sauce.

If you are not a curry lover, think about turmeric capsules in your morning handful of supplements.

What's one more?

THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Apple Empanadas. Replace beef for unique dessert

Ingredients

Empanadas
- 750 ml (3 cups) all-purpose flour
- 2 ml (1/2 tsp) salt
- 125 ml (1/2 cup) lard
- 2 eggs
- 175 ml (3/4 cup) milk

Apple Filling
- 1 l (4 cups) coarsely diced peeled apples
- 125 ml (1/2 cup) granulated sugar
- 30 ml (2 tbsp) all-purpose flour
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) grated nutmeg

1. In bowl, whisk flour and salt. With pastry blender, cut in lard until mix is in very fine crumbs.

2. Whisk 1 egg with milk; pour over flour mix stirring until it clumps together. Turn out onto floured surface and knead to form soft dough. Wrap and refrigerate for 30 minutes.

3. Filling: In a bowl, stir together apples, sugar, flour, cinnamon and nutmeg.

4. Divide dough into 12 pieces and form into balls. On a lightly floured surface, roll each into a 15-cm (6-inch) circle. Spoon about 75 ml (1/3 cup) of the filling onto half of each circle, mounding slightly.

5. Fold other half over and press to seal (floured fork works well). Arrange on 2 greased baking sheets. Beat remaining egg; lightly brush over tops. Bake in a 190 C (375 F) oven until golden, 25 mins.

THE CANADIAN PRESS/ FOODLAND ONTARIO

Ontario Northland

After Friday, September 28, 2012, the Northlander passenger train will no longer be in service.

Ontario Northland's motor coach service will continue to serve Toronto with daily bus departures and arrivals at the Bus Terminal at 610 Bay Street (Bay and Dundas) and at the Yorkdale GO Transit Bus Terminal.

The Polar Bear Express, the passenger train connecting Cochrane and Moosonee, will continue to operate as scheduled. Visit www.ontarionorthland.ca or call 1.800.461.8558 for schedule and fare information.

Les services de transport ferroviaire de voyageurs Northlander prendront fin le vendredi, 28 septembre 2012.

Les services de transport en autocar aller-retour quotidiens vers Toronto d'Ontario Northland se poursuivront, avec départs et arrivées à la gare d'autocars du 610, rue Bay (angle Bay et Dundas) et à celle de GO Transit au centre commercial Yorkdale.

Le service de transport ferroviaire de voyageurs Polar Bear Express, raccordant Cochrane et Moosonee, fonctionnera selon les horaires prévus. Veuillez visiter le www.ontarionorthland.ca ou composer le 1.800.461.8558 pour obtenir des renseignements sur les horaires et les tarifs.

Dig your heels in: You too can win a battle against the big banks

Alison's Money Rule.
If you feel something is unfair at your financial institution, put up a fight!

YOUR MONEY
Alison Griffiths
money@metronews.ca

I won! Maybe you can't fight city hall but you can fight battles (and sometimes win) against the financial services industry. Here's the back-story.

My dear old Dad died in January at 89. I am his executor. Because the estate was less than $25,000 in total, there was no need to probate the will.

Dad had a couple of bank accounts, a Registered Retirement Investment Fund (RRIF) and a small investment account at Canadian ShareOwner Investments Inc. (CSI) where he liked to dabble in the stock market.

Dad also had a bunch of pensions and a small life insurance policy. The pension and insurance people were cooperative and prompt as I went through the sad process of saying a financial goodbye to my father.

It might take months to fight, but don't let the financial services industry get away with errors. ISTOCK IMAGES

I expected the same from CSI, RBC, CIBC and TD Canada Trust. Au contraire. There isn't enough room here to outline all the time wasting mistakes, roadblocks, and bafflegab I experienced.

The institutions all had notarized copies of the will, death certificate, witnessed proof of my identity and a letter of direction from me, the executor, about what I wanted done with his accounts.

Even so, I was asked to sign and have notarized various "internal" affidavits in order to close any of his accounts or make transactions. CIBC refused to open an estate account because my father did not bank there, though I have for over 30 years. I could have gone to RBC where my father banked but after four significant errors, including an unauthorized $8,000 debit which took time and energy to reverse, I wasn't going near the place.

My lawyer, who specializes in estates, made it clear that CIBC had no legal grounds to refuse me, and the so-called "required" affidavits were not necessary. A follow up with the Solicitor General's office confirmed his information.

I dug in my heels. It took nearly four months to go up the various ladders. I could have given in but the patriarchal and intransigent attitudes in the financial industry got me fighting mad. In the end, I won. The banks and the Canadian ShareOwner acquiesced. The latter even waived a $150 fee.

The moral of the story is this: If you feel something is unfair at your financial institution, put up a fight — you might win.

What are probate fees?

Probate fees are imposed by the court and vary by province. Assets such as RRSPs and insurance are not included in the fee calculation.

Denting cars

And that's why you always leave a note!

What is the correct etiquette when my kids fling open their car doors and damage/dent the car next to me? Can I please just ignore it and tell my kids to never do that again, or do I seriously have to write a personal note and pay for the damage?

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Well I suspect you know my answer, especially since I just bought a brand new car two weeks ago.

Yes if your kids dent a door you should leave a little note, and do your best to teach your kids to be careful.

Now I know lots of you will write and say, just don't worry about it; dents and scratches happen all the time and nobody leaves a note. But remember, your question was "what is the correct etiquette?" Now what do most people do?

They pretend they did not see what they did, close their own car door and walk away!

So my final word is just do your best to be careful, but remember little scratches and accidents do happen, and this is life.

Ask yourself: What is the right thing to do? ISTOCK IMAGES

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A balancing act for today's student

Practical pupils.
Author points to a generation of scholars who feel compelled to bring in the cash

BRUCE WALSH
Metro World News in Philadelphia

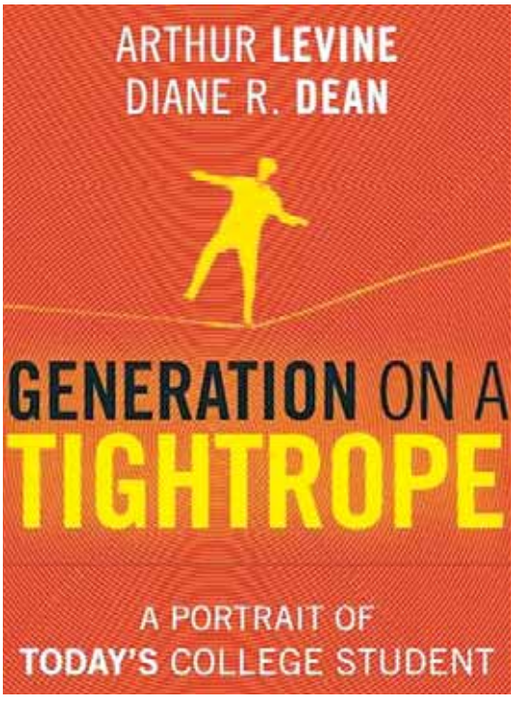
Arthur Levine has been studying the zeitgeist of college students since 1980, when he published an important study on the core beliefs and attitudes of students, When Dreams and Heroes Died.

But every 10 years or so Levine is forced to start again from scratch; a new generation emerges with completely different fears, hopes and convictions.

His latest, Generation on a Tightrope, co-authored with Illinois State professor Diane R. Dean, is one of the most thorough studies of millennial students to date.

The authors surveyed more than 5,000 students and 270 student affairs officers and conducted focus groups on more than 30 campuses.

For Levine, one result stands out among the piles of data:



This is the most practical-minded generation he has ever studied.

Levine entered the project believing 9-11 would be a shared, defining moment for millennials, similar to the Great Depression and Vietnam for previous generations.

But he quickly discovered that the advent of the Internet and the economic crash of 2009 were far more influential.

"More of them feel that money is critically important than we've seen in the past.

They pick majors that they think will earn them money as opposed to what they want to study," explains Levine.

"And, who can blame them? It's a scary time to be growing up. This is a generation that works more hours while going to college than ever before — just in order to afford it."

Strengths and weaknesses

Levine notes that, like every generation, Millennials have strengths and weaknesses.

- "Race relations have improved dramatically. This generation tends to be wonderful at working in diverse groups. They are terrific at networking and building teams."
- "That could be a problem, because we're entering into a period in which change will be the norm."

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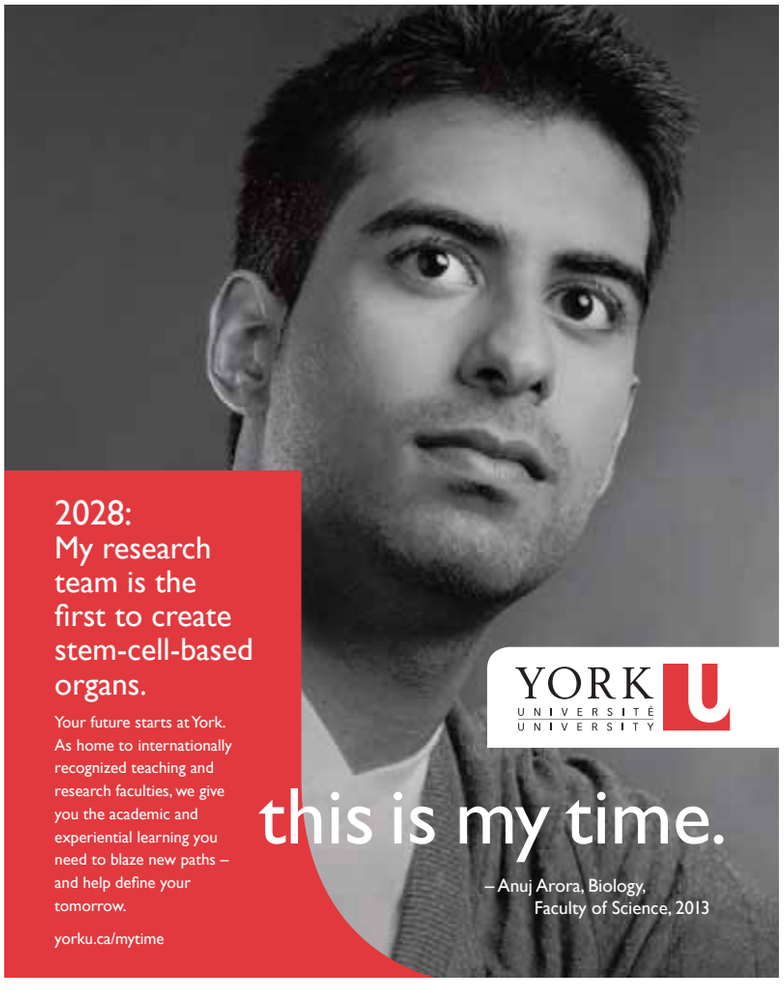
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– Anuj Arora, Biology, Faculty of Science, 2013

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Mobile sports

Cricket

The Ryder Cup is heading to Chicago for the first time and Luke Donald is the only "hometown" player. There's only one catch — Donald is English.

NHL. Oilers eye Seattle for possible relocation

With plans for a new arena in doubt, the Edmonton Oilers say they are considering a move to Seattle.

Oilers owner Daryl Katz, team president Patrick LaForge and Kevin Lowe, president of hockey operations, are in Seattle for meetings about a possible relocation to the city.

The Oilers said in a statement that while they hope to reach a deal with Edmonton on a new arena, the team is also listening to proposals from a number of markets.

Seattle City Council approved hedge-fund manager Chris Hansen's plan for a $490-million US arena Monday that both sides hope will host an NBA and NHL team in the future.

The Oilers and the City of Edmonton had agreed on plans for a proposed $475-million cost-shared arena that would begin construction early next year.

But the arena and the Oilers' future in the city were thrown into doubt earlier this month when the team told councillors it wanted millions of dollars in new concessions from taxpayers. THE CANADIAN PRESS

NFL. Torn ACL puts Revis' season in doubt

The NFL's top shutdown cornerback likely will be shut down for the season.

Darrelle Revis has a torn anterior cruciate ligament in his left knee that will require surgery, a huge blow for the Jets that leaves coach Rex Ryan without his best defensive player.

A sombre Ryan stopped short of ruling Revis out for the season Monday, saying he just learned of the MRI results. But Revis will have to wait two or three weeks before surgery, Ryan said, and the recovery from an ACL tear is usually six to nine months. So the chances of Revis returning this season appear extremely slim. THE ASSOCIATED PRESS

Quoted

"It's something we have to overcome as a football team ... We're going to lose that presence."

Jets coach Rex Ryan on Darrelle Revis' injury

NHL labour talks stuck in neutral

No progress. Meetings resume, but bargaining still on back burner

A face-to-face meeting between top officials from the NHL and NHL Players' Association wasn't enough to break their labour stalemate.

The sides spent almost five hours together Monday going over accounting for last season, but didn't emerge with any plan to resume collective bargaining talks. The topic wasn't even raised, according to representatives from each camp.

Nine days into the lockout, negotiations remain on hold with the owners and players entrenched in their positions.

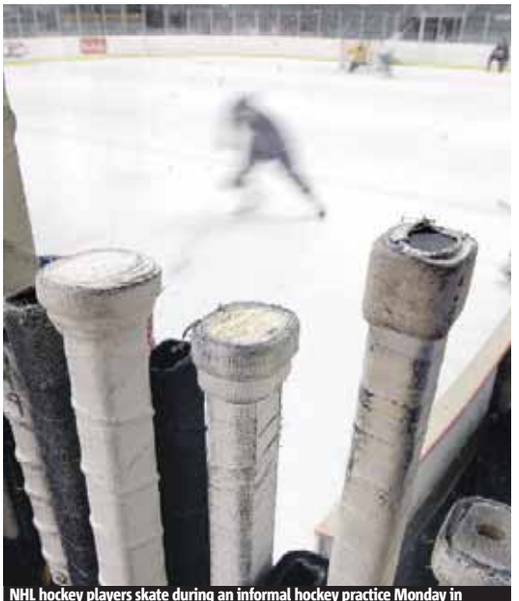
"Obviously, we've got to talk before you can get a deal, so I think it's important to get the talks going again," said deputy commissioner Bill Daly. "But you also have to have something to say. I think it's fair to say we feel like we need to hear from the players' association in a meaningful way because I don't think that they've really moved off their initial proposal."

Steve Fehr, the NHLPA's special counsel, declined comment following the meeting.

Neither NHLPA executive director Donald Fehr or NHL commissioner Gary Bettman attended the meeting. But the two men took in an alumni dinner Monday night and Daly indicated the sides were expected to make further contact on Tuesday. THE CANADIAN PRESS

Quoted

"I think the league is waiting for us to make the move, and we're waiting for them to move. So someone has to move. And I don't see it coming from our end." Red Wings forward Danny Cleary, predicting a prolonged lockout to the Detroit Free Press on Monday



NHL hockey players skate during an informal hockey practice Monday in Amherst, N.Y. DAVID DUPREY/THE ASSOCIATED PRESS

CFL

Argos 'going to do the right thing' in handling Ray's injury

The Toronto Argonauts return to the practice field Tuesday to begin getting ready for a clash with the Blue Bombers in Winnipeg on Saturday.

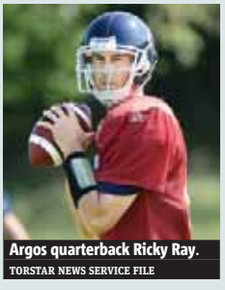
It's a pivotal game and the Boatmen may be without their starting pivot.

More details are expected Tuesday on the condition of Ricky Ray's left knee, which was injured in the first quarter of Sunday's 31-10 loss in Montreal against the Alouettes. Ray was unable to return to the game.

Head coach Scott Milanovich said post-game he would devise two game plans for Winnipeg — one if Ray is available and one for veteran backup Jarious Jackson, who was 15 of 31 for 198 yards and an interception Sunday.

"We're going to do the right thing for Ricky long term," Milanovich told reporters in Montreal. "We're also going to do the right thing for our organization. We'll be smart about it."

The Argos (6-6) go into Winnipeg (3-9) having lost two straight games for the first time all season. With the loss to Montreal (8-4), Toronto is just four points up on the Hamilton Tiger-Cats (4-8) and six on the Blue Bombers. TORSTAR NEWS SERVICE



Argos quarterback Ricky Ray. TORSTAR NEWS SERVICE FILE

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Injury to Valanciunas believed to be minor

NBA. Raptors head coach relieved to hear calf strain shouldn't keep rookie out for a long period of time

Toronto Raptors head coach Dwane Casey speaks to the media at the Air Canada Centre on Monday. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

Dwane Casey could feel the lump growing in his throat when he was at a weekend NBA coaches retreat and got an email saying prized rookie Jonas Valanciunas had felt "something pop" in his left leg when the seven-footer took a routine jump shot in a routine workout Saturday.

The Raptors coach knows all too well the trouble a player can get into with a bad calf or, worst-case, a popped Achilles and when Casey got word in Chicago, he immediately feared the worst.

But as he stood in the Air Canada Centre on Monday, not 100 feet from where Valanciunas tweaked his leg, Casey was in a much brighter mood.

There is no definitive word on when Valanciunas will be able to resume full on-court work but the coach understands it'll be sooner rather than later.

"After hearing what the doctor's diagnosis was, I'm less concerned than I was when I first heard about it," Casey said in a brief meeting with the media before the Raptors went through an informal workout.

"Hopefully he won't miss much time … he's moving much better today so it's not something I think is going to keep him out for a long period of time."

Team officials are calling Valanciunas's injury a left calf strain and leaving his return open-ended.

But with training camp beginning next Tuesday in Halifax, any work that Valanciunas misses will be a tough pill for the Raptors to swallow.

The 20-year-old is seen as a key part of the coming season but a raw and unknown part that needs a lot of work.

"Huge," was how Casey described the absence of a rookie from even part of a regular training camp. "It's really important, especially for JV because there's so much to learn as far as the nuances of the NBA.

"You don't want to miss any workouts, just because of the terminology, the speed of the game and there's so much to learn." TORSTAR NEWS SERVICE

Quoted

"The difference was, Andrea's was a muscle and this was … more of a tendon, it doesn't really have a function in the body."

Raptors head coach Dwane Casey comparing Andrea Bargnani's calf injury last season with Jonas Valanciunas' current ailment

'I'll be happy'

Calderon: No controversy at the point

Jose Calderon has been around too long, seen too many guys come and go and has answered the same question so many times that another trip down Point Guard Controversy lane — imaginative as it may be — isn't going to bother him.

"I'll be happy, I'm always happy," the veteran Raptors guard said Monday.

With the arrival of a younger point guard in new teammate Kyle Lowry, and the chance Calderon will be asked to come off the bench in his eighth season in the NBA, there is sure to be some segments of the fan base who'll look for contretemps where none exist.

To Calderon, it's a fabricated issue that will have no impact on the impending season.

"I don't know if we have to use that word (controversy) before even training camp," said Calderon before flatly denying a summer report that he was put out by the acquisition of Lowry and wanted a trade from the only NBA team he's ever played for. "I think we are just two more players for the Raptors team, we're going to try to win games for the Raptors.

"I think it's just wanting to make a big thing before anything has started. It doesn't matter, we have to win games, we want to make the playoffs. If he scores 20 points a game, I'll be happy; it's helping us win."

The gritty Lowry, picked up for a conditional first-round draft pick and Gary Forbes in July, should complement the savvy Calderon perfectly. How the minutes are distributed, or who starts and who comes off the bench, is an issue for coach Dwane Casey. TORSTAR NEWS SERVICE

Raptors point guard Jose Calderon TORSTAR NEWS SERVICE

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	88	64	.579	—
Baltimore	88	65	.575	½
Tampa Bay	83	70	.542	5½
Boston	69	85	.448	20
Toronto	66	86	.434	22

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	81	71	.533	—
Detroit	81	72	.529	½
Kansas City	70	83	.458	11½
Minnesota	64	89	.418	17½
Cleveland	63	90	.412	18½

WEST DIVISION

	W	L	Pct	GB
Texas	90	62	.592	—
Oakland	86	66	.566	4
Los Angeles	84	69	.549	6½
Seattle	72	81	.471	18½

Monday's results
Baltimore 4 Toronto 1 (1st game)
Detroit 6 Kansas City 2
Toronto at Baltimore (2nd game)
Oakland at Texas
Cleveland at Chicago White Sox
N.Y. Yankees at Minnesota
Sunday's results
Minnesota 10 Detroit 4 (1st game)
Oakland 5 N.Y. Yankees 4
Boston 2 Baltimore 1
Tampa Bay 3 Toronto 0
Cleveland 15 Kansas City 4
L.A. Angels 4 Chicago White Sox 1
Texas 3 Seattle 2
Minnesota 2 Detroit 1 (2nd game — 10 inn.)
Tuesday's games — All Times Eastern
Cleveland (Kluber 1-4) at Chicago White Sox (Liriano 6-11), 2:10 p.m.
Kansas City (B.Chen 11-12) at Detroit (A.Sanchez 3-6), 7:05 p.m.
Toronto (Laffey 3-6) at Baltimore (J.Saunders 2-2), 7:05 p.m.
Tampa Bay (Price 18-5) at Boston (Buchholz 11-6), 7:10 p.m.
Oakland (Milone 13-10) at Texas (Darvish 16-9), 8:05 p.m.
N.Y. Yankees (P.Hughes 16-12) at Minnesota (Vasquez 0-2), 8:10 p.m.
Seattle (Er.Ramirez 1-2) at L.A. Angels (Greinke 5-2), 10:05 p.m.
Wednesday's games
N.Y. Yankees at Minnesota, 1:10 p.m.
Kansas City at Detroit, 7:05 p.m.
Toronto at Baltimore, 7:05 p.m.
Tampa Bay at Boston, 7:10 p.m.
Oakland at Texas, 8:05 p.m.
Cleveland at Chicago White Sox, 8:10 p.m.
Seattle at L.A. Angels, 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
z-Washington	93	60	.608	—
Atlanta	88	65	.575	5
Philadelphia	77	76	.503	16
New York	69	83	.454	23½
Miami	66	87	.431	27

CENTRAL DIVISION

	W	L	Pct	GB
x-Cincinnati	92	61	.601	—
St. Louis	82	71	.536	10
Milwaukee	79	74	.516	13
Pittsburgh	75	77	.493	16½
Chicago	59	94	.386	33
Houston	50	103	.327	42

WEST DIVISION

	W	L	Pct	GB
x-San Francisco	89	64	.582	—
Los Angeles	79	74	.516	10
Arizona	77	75	.507	11½
San Diego	73	80	.477	16
Colorado	58	94	.382	30½

z-clinched playoff berth
x-clinched division berth

Monday's results
Washington 12 Milwaukee 2
Pittsburgh at N.Y. Mets
St. Louis at Houston
Arizona at Colorado
Sunday's results
Arizona 10 Colorado 7
Atlanta 2 Philadelphia 1
L.A. Dodgers 5 Cincinnati 3
Milwaukee 6 Washington 2
N.Y. Mets 3 Miami 2
Pittsburgh 8 Houston 1
San Diego 6 San Francisco 4
St. Louis 6 Chicago Cubs 3
Tuesday's games — All Times Eastern
Washington (Detwiler 10-6) at Philadelphia (Hamels 15-6), 7:05 p.m.
Miami (Eovaldi 4-12) at Atlanta (Medlen 9-1), 7:10 p.m.
Milwaukee (Fiers 9-8) at Cincinnati (Cueto 18-9), 7:10 p.m.
Pittsburgh (W.Rodriguez 11-13) at N.Y. Mets (McHugh 0-2), 7:10 p.m.
St. Louis (J.Garcia 5-7) at Houston (Harrell 10-10), 8:05 p.m.
Chicago Cubs (Rusin 1-2) at Colorado (J.De La Rosa 0-1), 8:40 p.m.
L.A. Dodgers (Beckett 1-2) at San Diego (Volquez 10-11), 10:05 p.m.
Arizona (Skaggs 1-3) at San Francisco (Lincecum 10-14), 10:15 p.m.
Wednesday's games
L.A. Dodgers at San Diego, 6:35 p.m.
Washington at Philadelphia, 7:05 p.m.
Miami at Atlanta, 7:10 p.m.
Milwaukee at Cincinnati, 7:10 p.m.
Pittsburgh at N.Y. Mets, 7:10 p.m.
St. Louis at Houston, 8:05 p.m.
Chicago Cubs at Colorado, 8:40 p.m.
Arizona at San Francisco, 10:15 p.m.

ORIOLES 4, BLUE JAYS 1

MONDAY AFTERNOON GAME

Toronto	AB	R	H	BI	BB	SO	Avg.
Lawrie 3b	3	0	1	0	1	1	.274
Rasmus cf	2	0	0	0	2	1	.226
Encarnacion dh	4	1	1	0	0	3	.280
Lind 1b	4	0	2	0	0	0	.238
R.Davis rf	4	0	1	1	0	1	.243
K.Johnson 2b	4	0	1	0	0	1	.225
Hechavarria ss	3	0	1	0	0	0	.252
Arencibia c	1	0	1	0	0	0	.223
Mathis c	2	0	0	0	0	1	.216
a-Y.Escobar ph-ss	2	0	0	0	0	1	.254
Gose lf	4	0	0	0	0	2	.213
Totals	**33**	**1**	**8**	**1**	**3**	**11**	
Baltimore	**AB**	**R**	**H**	**BI**	**BB**	**SO**	**Avg.**
McLouth lf	4	0	2	0	0	2	.273
Hardy ss	4	0	1	0	0	1	.232
C.Davis rf	3	1	1	0	1	2	.264
En.Chavez rf	0	0	0	0	0	0	.208
Ad.Jones cf	4	2	4	2	0	0	.292
Wieters c	4	0	1	0	0	1	.251
Thome dh	2	0	0	0	2	0	.256
Mar.Reynolds 1b	3	0	0	0	0	2	.228
Flaherty 2b	3	1	1	1	0	1	.226
Andino 2b	0	0	0	0	0	0	.211
Machado 3b	3	0	0	0	0	0	.262
Totals	**30**	**4**	**10**	**3**	**3**	**9**	

Toronto	**000**	**000**	**010**	**—1**	**8**	**0**			
Baltimore	**000**	**211**	**00X**	**—4**	**10**	**0**			

LOB—Toronto 8, Baltimore 5. 2B—R.Davis (23), Wieters (27). HR—Ad.Jones (32), off H.Alvarez; Flaherty (5), off H.Alvarez.
RBIs—R.Davis (39), Ad.Jones 2 (81), Flaherty (14). SB—McLouth (10), Ad.Jones (15).
Runners left in scoring position—Toronto 6 (R.Davis 2, Lind, Gose, K.Johnson 2); Baltimore 3 (Flaherty 2, C.Davis).
RISP—Toronto 1 for 9; Baltimore 0 for 5.
GIDP—R.Davis, Y.Escobar, Hardy, Mar.Reynolds.
DP—Toronto 2 (Hechavarria, K.Johnson, Lind), (Hechavarria, K.Johnson, Lind); Baltimore 2 (Hardy, Flaherty, Mar.Reynolds), (Hardy, Andino, Mar.Reynolds).

Toronto	IP	H	R	ER	BB	SO	NP	ERA
H.Alvarez L, 9-14	5⅓	8	4	4	3	6	89	4.91
Cecil	⅓	1	0	0	0	0	8	5.40
Frasor	⅓	0	0	0	0	2	9	3.35
Beck	1	1	0	0	0	1	15	5.84
Baltimore	**IP**	**H**	**R**	**ER**	**BB**	**SO**	**NP**	**ERA**
S.Johnson W, 4-0	5	3	0	0	3	6	96	1.62
Patton H, 9	1	1	0	0	0	0	12	2.50
Tom.Hunter	1⅓	3	1	1	0	3	38	5.58
O'Day H, 12	⅓	0	0	0	0	1	4	2.35
Ji.Johnson S, 48	1	1	0	0	0	1	11	2.60

Inherited runners-scored—Cecil 1-0, Frasor 1-0, O'Day 2-0. IBB—off H.Alvarez (Thome).
Umpires—Home, Chad Fairchild; First, Alfonso Marquez; Second, Tom Hallion; Third, Brian O'Nora.
T—2:43. A—0 (45,971) at Baltimore.

AUTO RACING

NASCAR SPRINT CUP SYLVANIA 300 RESULTS

SUNDAY
At New Hampshire Motor Speedway
(Start position in parentheses)
1. (32) Denny Hamlin, Toyota, 300 laps, 149.2 rating, 48 points.
2. (20) Jimmie Johnson, Chevrolet, 300, 116.9, 43.
3. (1) Jeff Gordon, Chevrolet, 300, 118.9, 42.
4. (12) Clint Bowyer, Toyota, 300, 112.6, 40.
5. (6) Kasey Kahne, Chevrolet, 300, 114.3, 40.
6. (15) Brad Keselowski, Dodge, 300, 97.4, 39.
7. (3) Tony Stewart, Chevrolet, 300, 107.3, 38.
8. (18) Joey Logano, Toyota, 300, 87.5, 36.
9. (4) Brian Vickers, Toyota, 300, 90.8, 36.
10. (8) Ryan Newman, Chevrolet, 300, 97.4, 34.
11. (16) Kevin Harvick, Chevrolet, 300, 98.2, 33.
12. (7) Paul Menard, Chevrolet, 300, 88.9, 32.
13. (14) Dale Earnhardt Jr., Chevrolet, 300, 82.3, 31.
14. (25) Matt Kenseth, Ford, 300, 87.6, 31.
15. (11) Jeff Burton, Chevrolet, 300, 79.3, 29.
16. (22) Regan Smith, Chevrolet, 300, 75.4, 28.
17. (9) Martin Truex Jr., Toyota, 300, 89.6, 27.
18. (13) Greg Biffle, Ford, 300, 80.1, 26.
19. (5) Carl Edwards, Ford, 300, 73.1, 25.
20. (17) Bobby Labonte, Toyota, 299, 68.9, 24.
21. (10) Sam Hornish Jr., Dodge, 299, 65.9, 0.
22. (24) Juan Pablo Montoya, Chevrolet, 299, 63.5, 22.
23. (19) Aric Almirola, Ford, 298, 65.6, 21.
24. (21) Marcos Ambrose, Ford, 298, 59.4, 20.
25. (23) Kurt Busch, Chevrolet, 298, 59.3, 19.
26. (29) Jamie McMurray, Chevrolet, 298, 58.7, 18.
27. (28) Landon Cassill, Toyota, 298, 53.6, 17.
28. (2) Kyle Busch, Toyota, 298, 94.5, 17.
29. (26) David Ragan, Ford, 297, 52.5, 15.
30. (34) David Reutimann, Chevrolet, 296, 47.6, 14.

NASCAR SPRINT CUP MONEY LEADERS

Through Sept. 24
1. Jimmie Johnson, $6,575,261
2. Matt Kenseth, $5,976,759
3. Denny Hamlin, $5,728,633
4. Tony Stewart, $5,433,300
5. Kyle Busch, $5,092,252
6. Brad Keselowski, $4,860,390
7. Greg Biffle, $4,731,148
8. Jeff Gordon, $4,705,091
9. Kevin Harvick, $4,589,263
10. Dale Earnhardt Jr., $4,581,470
11. Ryan Newman, $4,280,512
12. Carl Edwards, $4,276,822
13. Clint Bowyer, $4,260,120
14. Martin Truex Jr., $4,232,090
15. Jeff Burton, $4,193,390

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	12	8	4	0	332	337	16
Toronto	12	6	6	0	288	305	12
Hamilton	12	4	8	0	353	381	8
Winnipeg	12	3	9	0	235	377	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	12	9	3	0	317	222	18
Calgary	12	7	5	0	337	287	14
Saskatchewan	12	6	6	0	314	259	12
Edmonton	12	5	7	0	265	275	10

Week 13
Sunday's results
Montreal 31 Toronto 10
Saskatchewan 30 Calgary 25
Saturday's result
B.C. 19 Edmonton 18
Friday's result
Winnipeg 34 Hamilton 12
Week 14
Friday's game — All Times Eastern
Montreal at Hamilton, 7 p.m.
Edmonton at Calgary, 10 p.m.
Saturday's games
Toronto at Winnipeg, 7 p.m.
B.C. at Saskatchewan, 10 p.m.

GOLF

WORLD GOLF RANKINGS

Through Sept. 24

1. Rory McIlroy	NIr	12.68
2. Tiger Woods	USA	9.69
3. Luke Donald	Eng	9.25
4. Lee Westwood	Eng	7.23
5. Justin Rose	Eng	6.51
6. Adam Scott	Aus	6.30
7. Bubba Watson	USA	6.17
8. Webb Simpson	USA	6.17
9. Jason Dufner	USA	6.00
10. Brandt Snedeker	USA	6.00
11. Louis Oosthuizen	SAf	5.69
12. Steve Stricker	USA	5.65
13. Dustin Johnson	USA	5.47
14. Keegan Bradley	USA	5.42
15. Matt Kuchar	USA	5.38
16. Phil Mickelson	USA	5.11
17. Zach Johnson	USA	5.08
18. Graeme McDowell	NIr	4.89
19. Sergio Garcia	Esp	4.82
20. Hunter Mahan	USA	4.79
21. Nick Watney	USA	4.62
22. Ernie Els	SAf	4.55
23. Jim Furyk	USA	4.13
24. Bo Van Pelt	USA	4.13
25. Peter Hanson	Swe	4.05
26. Ian Poulter	Eng	4.01
27. Rickie Fowler	USA	3.99
28. Paul Lawrie	Sco	3.94
29. Charl Schwartzel	SAf	3.87
30. Jason Day	Aus	3.83
31. Francesco Molinari	Ita	3.81
32. Martin Kaymer	Ger	3.70
33. Carl Pettersson	Swe	3.62
34. Bill Haas	USA	3.55
35. Nicolas Colsaerts	Bel	3.51
36. John Senden	Aus	3.35
37. Gonzalo Fernandez-Castano	Esp	3.35
38. David Toms	USA	3.15
39. David Lynn	Eng	3.07
40. K.J. Choi	Kor	2.88
41. Robert Garrigus	USA	2.77
42. Thomas Bjorn	Den	2.67
43. Geoff Ogilvy	Aus	2.65
44. Martin Laird	Sco	2.64
45. Fredrik Jacobson	Swe	2.64
46. Ryan Moore	USA	2.61
47. Rafael Cabrera Bello	Esp	2.58
48. Scott Piercy	USA	2.46
49. Aaron Baddeley	Aus	2.41
50. Bae Sang-moon	Kor	2.40

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	2	1	0	.667	81	75
Buffalo	2	1	0	.667	87	79
New England	1	2	0	.333	82	64
Miami	1	2	0	.333	65	66

SOUTH

	W	L	T	Pct	PF	PA
Houston	2	0	0	1.000	57	17
Jacksonville	1	2	0	.333	52	70
Tennessee	1	2	0	.333	67	113
Indianapolis	1	2	0	.333	61	83

NORTH

	W	L	T	Pct	PF	PA
Cincinnati	2	1	0	.667	85	102
Baltimore	2	1	0	.667	98	67
Pittsburgh	1	1	0	.500	46	41
Cleveland	0	3	0	.000	57	75

WEST

	W	L	T	Pct	PF	PA
San Diego	2	1	0	.667	63	51
Denver	1	1	0	.500	52	46
Kansas City	1	2	0	.333	68	99
Oakland	0	2	0	.000	27	57

WEEK THREE

Monday's result
Green Bay at Seattle
Sunday's results
Dallas 16 Tampa Bay 10
Chicago 23 St. Louis 6
Minnesota 24 San Francisco 13
Tennessee 44 Detroit 41, OT
Kansas City 27 New Orleans 24, OT
Cincinnati 38 Washington 31
N.Y. Jets 23 Miami 20, OT
Buffalo 24 Cleveland 14
Jacksonville 22 Indianapolis 17
Arizona 27 Philadelphia 6
Atlanta 27 San Diego 3
Oakland 34 Pittsburgh 31
Houston 31 Denver 25
Baltimore 31 New England 30
Thursday's result
N.Y. Giants 36 Carolina 7

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Dallas	2	1	0	.667	47	54
Philadelphia	2	1	0	.667	47	66
N.Y. Giants	2	1	0	.667	94	65
Washington	1	2	0	.333	99	101

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	3	0	0	1.000	94	48
Tampa Bay	1	2	0	.333	60	67
Carolina	1	2	0	.333	52	79
New Orleans	0	3	0	.000	83	102

NORTH

	W	L	T	Pct	PF	PA
Minnesota	2	1	0	.667	70	59
Chicago	2	1	0	.667	74	50
Green Bay	1	1	0	.500	45	40
Detroit	1	2	0	.333	87	94

WEST

	W	L	T	Pct	PF	PA
Arizona	3	0	0	1.000	67	40
San Francisco	2	1	0	.667	70	65
Seattle	1	1	0	.500	43	27
St. Louis	1	2	0	.333	60	78

WEEK FOUR

Thursday's game — All Times Eastern
Cleveland at Baltimore, 8:20 p.m.
Sunday's games
Tennessee at Houston, 1 p.m.
San Diego at Kansas City, 1 p.m.
Seattle at St. Louis, 1 p.m.
New England at Buffalo, 1 p.m.
Minnesota at Detroit, 1 p.m.
Carolina at Atlanta, 1 p.m.
San Francisco at N.Y. Jets, 1 p.m.
Miami at Arizona, 4:05 p.m.
Oakland at Denver, 4:05 p.m.
Cincinnati at Jacksonville, 4:05 p.m.
New Orleans at Green Bay, 4:25 p.m.
Washington at Tampa Bay, 4:25 p.m.
N.Y. Giants at Philadelphia, 8:20 p.m.
Monday, Oct. 1
Chicago at Dallas, 8:30 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	30	16	7	7	37	25	55
Chicago	29	16	8	5	42	34	53
New York	30	14	8	8	50	43	50
D.C. United	30	15	10	5	47	39	50
Houston	30	12	8	10	42	37	46
Columbus	30	13	11	6	36	37	45
Montreal	31	12	15	4	44	49	40
Philadelphia	28	8	14	6	29	33	30
New England	30	7	15	8	37	41	29
Toronto	30	5	18	7	34	55	22

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-San Jose	30	18	6	6	62	36	60
x-Los Angeles	30	15	11	4	54	42	49
x-Real Salt Lake	30	15	11	4	40	34	49
Seattle	29	13	7	9	45	31	48
Vancouver	30	10	12	8	31	40	38
Dallas	30	9	12	9	35	38	36
Colorado	30	9	18	3	38	45	30
Portland	30	7	15	8	31	51	29
Chivas USA	29	7	15	7	21	45	28

x — clinched playoff berth.
Note: Three points for a win, one for a tie.
Sunday's results
Philadelphia 3 Houston 1
D.C. United 1 Chivas USA 0
Colorado 2 Vancouver 2
Saturday's results
Montreal 0 Kansas City 0
Los Angeles 4 Toronto 2
Chicago 2 Columbus 1
New York 1 New England 1
Real Salt Lake 2 Portland 1
San Jose 2 Seattle 1
Friday's game — All Times Eastern
Chicago at Kansas City, 8:30 p.m.
Saturday's games
Toronto at New York, 7 p.m.
Philadelphia at Columbus, 7:30 p.m.
New England at Houston, 8:30 p.m.
Seattle at Vancouver, 9 p.m.
D.C. United at Portland, 10:30 p.m.
Real Salt Lake at Chivas USA, 10:30 p.m.
Dallas at San Jose, 10:30 p.m.
Sunday, Sept. 30
Los Angeles at Colorado, 7 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
x-San Antonio	28	13	7	8	46	27	47
x-Tampa Bay	28	12	7	9	37	30	45
x-Puerto Rico	28	11	9	8	32	30	41
x-Carolina	28	10	8	10	44	46	40
x-Ft. Lauderdale	28	9	10	9	40	46	36
x-Minnesota	28	8	9	11	34	33	35
Atlanta	28	7	12	9	35	46	30
Edmonton	28	5	13	10	26	36	25

x — clinched playoff berth.
Sunday's results
Fort Lauderdale 2 Edmonton 2
Minnesota 1 San Antonio 1
End of Regular Season
Saturday's results
Atlanta 1 Puerto Rico 1
Tampa Bay 0 Carolina 0

SPAIN

La Liga — Monday's results
Sevilla 2 Deportivo La Coruna 0
Real Madrid 2 Rayo Vallecano 0

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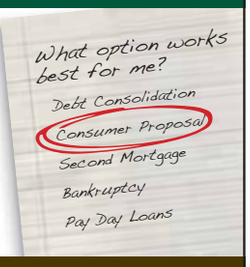

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Horoscopes

♈ Aries
March 21 - April 20
Keep things in perspective and resist the urge to get emotional today. Partnership issues may be challenging but they are not half as bad as they seem. Everything will work out for the best in the end.

♉ Taurus
April 21 - May 21
Put your affairs in order today. The more you do now, the less you will have to do towards the end of the week and that means you will have more time for what you really enjoy. Make the effort.

♊ Gemini
May 22 - June 21
Saturn remains in the most dynamic area of your chart only until Oct. 5, so if there are things you still need to do, get on with them now. Don't look back one day and regret what might have been.

♋ Cancer
June 22 - July 23
Times may be tough in more ways than one but the long-term prognosis is extremely good, so cheer up. Today you should patch up your differences with a relative or friend. You still have so much in common.

♌ Leo
July 24 - Aug. 23
A brilliant idea will take hold in your mind today, the kind of idea that could transform your existence on every level. Don't let it get away from you. Find ways to act on it straight away.

♍ Virgo
Aug. 24 - Sept. 23
You need to admit, if only to yourself, that the reason something has gone wrong is because your methods were impractical. You should have recognized that fact before but better late than never. Now, do it right.

♎ Libra
Sept. 24 - Oct. 23
You must not let anyone or anything divert you from the important task you have set yourself. Some say Libra is the most indecisive of all the signs. Now is your chance to prove the critics and doubters wrong.

♏ Scorpio
Oct. 24 - Nov. 22
It is a complete waste of time worrying about things over which you have no control. Focus your mind on good thoughts only today and you may be surprised just how many of your dreams start coming true.

♐ Sagittarius
Nov. 23 - Dec. 21
You have been trying too hard to get along with someone at work. The more you try to impress them, the more they make life difficult for you. Give up on it. They are not worthy of your friendship.

♑ Capricorn
Dec. 22 - Jan. 20
Over the past few months, you have put a lot of effort into your work and now the rewards are coming at you from all directions. Don't let anyone tell you that you do not deserve it. You do.

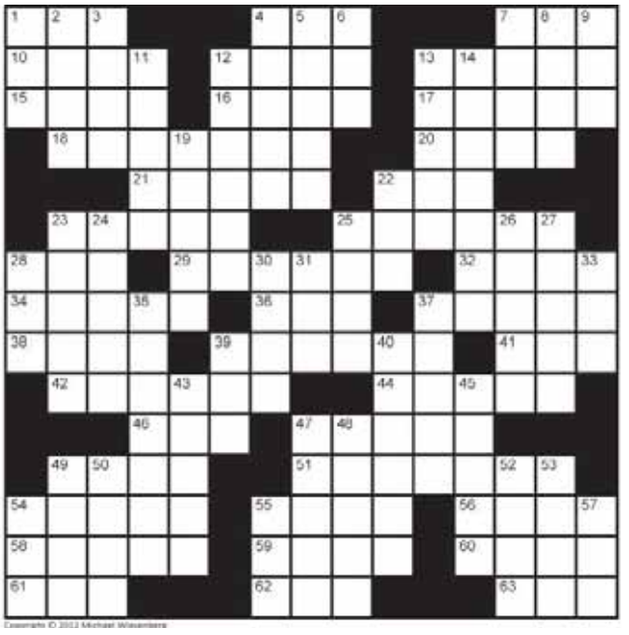
♒ Aquarius
Jan. 21 - Feb. 19
Whatever life throws at you over the next few days, you will find ways to deal with it. In fact, by the time the moon is full on the Sept. 30, you will be operating on a higher level. Nothing can faze you.

♓ Pisces
Feb. 20 - March 20
You need to make some kind of commitment, one that will tie you down to pursuing a specific aim for the next six months or so. Yes, it's good to be free but freedom needs to be earned like everything else.

SALLY BROMPTON

Solver's Delight

BY MICHAEL WIESENBERG



Across

1. Tampa's state: abbr.
4. *Dracula* creature
7. ___ constrictor: python relative
10. The Kinks' biggest hit
12. Melange
13. Dry heat bath
15. One with a computer
16. Curve
17. 43,560-square-foot units
18. Symbol of regal power
20. Ardent admirers
21. Egyptians and Iraqis
22. Bill's "excellent adventure" partner
23. Correct, as a stitch
25. Conservative Party
28. Nickname for someone from Houston or Dallas
29. Expensive dark-brown furs
32. Andy's 1950s radio partner
34. Not according to plan
36. Cherry tree chopper
37. Be affected at night by a blocked airway
38. Toronto-based "Tom Sawyer" group
39. Part of PEI
41. Golf stand
42. Calgary's NHL team, familiarly
44. Go into
46. "___ the season to be jolly"
47. ___ Carlo: Monaco's capital
49. Marching musicians
51. Where to find 12-Down
54. Sea squalls
55. Fly like eagles
56. Identical
58. Computer warning
59. Great Lake
60. Let out
61. Gender
62. Part of kph or mph
63. Consumed

Down

1. Ague cousin
2. Defeat
3. Sir ___ Guinness of film
4. Book jacket advertisement
5. Buenos ___, Argentina
6. 2,000 pounds
7. Combust
8. Singles
9. Small batteries
11. Geometric computations
12. Parliament's home
13. Toronto-born *60 Minutes* regular Morley
14. Early French Canadian
19. Activate, as an elevator button
22. How-___: instruction manuals
23. Uncle ___: Joel Chandler Harris character who told stories about Brer Rabbit, Brer Fox, etc.
24. Have real being
25. MTV viewer
26. Overact
27. In more pain
28. Asphalt
30. Nanaimo ___: distinctive Canadian treats
31. 61 in Roman numerals
33. Observe
35. Montreal-born *Star Trek* star William
37. *I ___ Letter to My Love:* Melissa Manchester's romantic musical (2 wds.)
39. Abbr. at the end of a letter signalling a second afterthought
40. Shopping ___: mall
43. In the ___ of: among
45. To the point
47. Roger ___: Bond player
48. Sign seen during broadcasting outside a broadcasting studio (2 wds.)
49. Christian of the *Dark Knight* series
50. Ontario-born *Jeopardy!* host Trebek
52. Simon and Garfunkel's "___ Rock" (3 wds.)
53. Bypass
54. Alberta export
55. End-of-summer mo.
57. Quebec summer

Yesterday's Crossword

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Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

6		7	8		9	4		5
		4	3		7	9		
	3						6	
			4		2			
4								8
			6		3			
	4						8	
		9	5		4	1		
5		6	1		8	2		3

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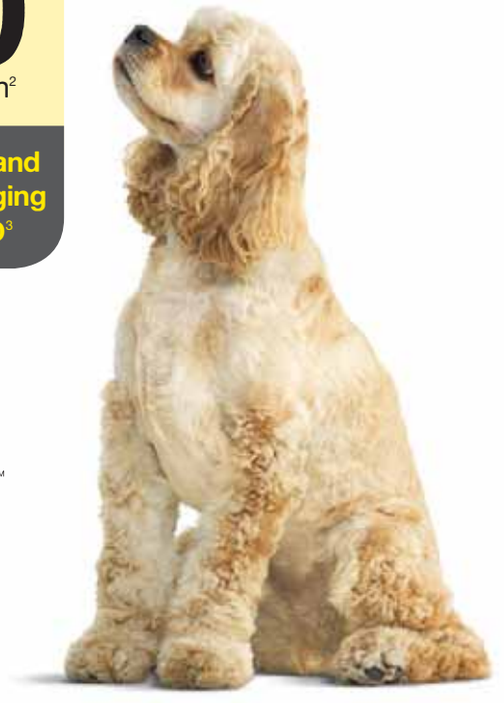

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